

Doing Less With More

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The Big Spill?

VESTSID

Celebrating Our 28th Year

Shuttle Squatters Vex Riders

By Patrick Monette-Shaw

roblems with the trial of "tech" shuttle buses — a.k.a., the "Google buses" — have cropped up all over the City, including on the West Side. And the "trial" may rapidly worsen if the program is made permanent by the SFMTA and Board of Supervisors.

It's now gotten personal. And I'm angry. I'm 64-1/2, walk using a cane, and rely on public transportation.

During the past three weeks, I've had to exit Muni buses in the middle of traffic lanes at least ten times at the northeast corner of Van Ness Avenue and California Street coming home from work at 5:30 p.m. when tech shuttle buses, sometimes two at a time, are parked in the Muni bus red zones unloading tech workers who likely don't care whether Muni riders have to disembark in the

The SFMTA's Evaluation Report does not mention the danger for MUNI's disabled riders street.

The MTA and City haven't conducted a full Environmental Impact Report (EIR), which is desperately needed before making the shuttle bus program permanent. **Budget & Legislative Analyst Report**

sented to the Board of Supervisors on March 31, 2014 by the Board's Budget and Legislative Analyst (BLA), who had been asked by Supervisors to analyze the impact of private shuttle buses been performed on the shuttle buses. In particular, it noted: on the City's infrastructure costs, traf- impact of shuttles on pedesing costs.

Notably, the March 2014 BLA Muni passengers with disfor the private shuttle bus program engines... before it is made permanent.

The MTA and the Planning Department wrongly bling data was reported, including: determined that a "pilot program" allowing the tech shuttles to use some Muni bus stops for an 18-month



when riders are forced to embark and disembark buses when private buses squat idling in designated bus stops—a major fine for autos Photo: Larry Bob Roberts

trial didn't require an EIR, and that the pilot program was exempt from California's CEQA environmental review A report titled "Impact of Private Shuttles" was pre- requirements because it would be an information collec-

tion and evaluation period, which is

No comprehensive formal study has problems with the private commuter

"In other words, all use of City fic delays, pedestrian safety, and hous-trian and bicycle safety or bus zones by private shuttles to date has been in violation of the California Vehicle Code [emphasis added]. report clearly indicated a full Environ- abilities...or blocking traffic In 2014, Muni's on-time performance mental Impact Report (EIR) is needed lanes for ambulances or fire declined from 60% to 54%, as private shuttle buses increased."

Elsewhere in the BLA report, trou-

Seven "tech" companies that provide regional shuttle



www.westsideobserver.com November 2015



Coyotes are small, brownish, wild dogs, basically. They run with their non-bushy tails held down. Photo: Calvin Cardinas

Coyotes or Pets?

By George Wooding

San Franciscan's don't love coyotes, they love their pets.

s our small, seven-square-mile City grows more compact, humans and pets are forced to live in lever closer proximity to a burgeoning population

As coyotes become acclimated to humans, their bold behavior has led to the death of a dog named Buster, whose owner says he was killed by coyotes near the Pine Lake area of Stern Grove two weeks ago. A month earlier, another owner says he was surrounded by five coyotes before they attacked his Bichon named Eddie. All of this has dog and cat owners in the area nervous and asking what to do.

The SF Rec and Park Department (RPD) has little to offer pet owners. It has built a small barrier to keep dogs from chasing coyotes up a hill. This same barrier will not keep coyotes out of Stern Grove. The RPD has also ordered wildlife-proof trash cans in hopes of teaching coyotes not

City Hall Overrides Lease Agreements!

By John Farrell

iddle me this! When is a written contract not a contract? Answer: When it involves the San ■Francisco Board of Supervisors.

You may have read recently that legislation was passed by the Board of Supervisors which changes the Rent Ordinance by making it harder for landlords to evict tenants for minor violations such as unruly behavior or improperly painting the walls. This legislation is the result of the spike in landlord notices - up 67% in five years per the Rent Board. This rise in eviction is the result of certain property owners looking for ways to get rid of low rent paying tenants for market rents.

...tenants can bring in more roommates as permitted under the Fire Code without the consent of the landlord. Further the landlord may not impose an increase in the rent if a tenant adds an additional occupant to the existing tenancy.

This part of the legislation is reasonable. However, this legislation also provides for the overriding of any lease with a no subletting clause. Therefore, tenants can bring in more roommates as permitted under the Fire Code without the consent of the landlord. Further the landlord may not impose an increase in the rent if a tenant adds an additional occupant to the existing tenancy. This is unreasonable and unfair. I thought a written lease agreement is a legal contract. But I guess that means nothing to City Hall.

This is an important issue to many, including Cont. p. 8

Evolving Eucalyptus Wrangle Escalates

By Jake Sigg

he response of Nancy Wuerfel et al to my article in the September Westside Observer on the dangers of the blue gum plantations in the city is rife with errors that are too numerous to correct here. I will select a few of the more egregious ones; a full rebuttal would necessitate an article longer than the editor would accept. The subject is of great import to the city, as there are issues of public safety as well as recreation. A few of the errors, in no particular order:

1. Some people want to cut down our healthy forests simply because the trees are not "native."

native has never been a part of City policy or operations, nor is it a valid reason for removing them. My article, and the City's draft management plan, calls for managing the Mount Davidson plantation, which includes selective tree removal where they constitute a problem. Their being nonnative is not especially relevant.

2. The City's Natural Areas Program has plans to convert existing habitat (including eucalyptus forests)

Z. **Z**..... These sprouts are always in response to stress or injury, and the reason they are not part of the normal growth cycle...Production of these shoots is a desperation move to save the tree's life and even if successful it leaves the tree misshapen, aesthetically displeasing, and unsafe, and likely an intermediate stage on the way to ultimate death



Cutting down trees simply because they are not Disagreement about the growths at the top of these trees sparks concerned arborists

Pacific Rod & Gun Almost Cleaned-up

Lake Merced Remediation Moves Forward

ince 1935 the Pacific Rod and Gun Club occupied approximately 10 acres on the southwest side of Lake Merced. The club offered recreational skeet and trap



shooting for members and the public. The many years of shooting resulted in contaminants from the lead shot and clay pigeons being deposited into the soil and the lake. The effect of the lead shot and clay targets containing poly aromatic hydrocarbons (PAHs) was highly elevated levels of lead, arsenic and PAHs contamination in soils on much of the site.

Investigations conducted at the site that showed

Doing Less With MoreLaguna Honda's Acute Care Slump

Bu Dr. Maria Rivero and Dr. Derek Kerr

ccording to the Controller's Office, Laguna Honda Hospital (LHH) "is one of the most expensive Skilled Nursing Facilities (SNF) in California, with an actual ■rate of approximately \$800 per patient per day." Over 95% of LHH patients are covered by Medi-Cal that pays just \$419 per day. But because LHH runs a 7-bed Acute Medical unit on its 780-bed campus, it can capture 50% of the difference between its actual costs and what Medi-Cal pays - another \$190/day. Virtually all of the remainder is absorbed by the City; hence the pressure to cut costs and increase revenues.

\$800/day LHH spends per resident.

In 2009, LHH Rehabilitation Chief

Kanaley, conjured a "rev-Kanaley, conjured a "revenue enhancement" budget proposal. In exchange for an extra \$836,000 in tax-payer funds annually, they promised to generate yearly form the existing 6-bed \$950,000 in general funds for staffing to boost its Acute Medical census from "1.5 – 2.0 patients/day" to 5 patients per day, thereby generating \$1.7million revenues of \$1.35 million. Acute Rehab unit into annually. Instead, patients They wanted more staff- the new building's vaporized. Signs of fluster ing to transform the existing 6-bed Acute Rehab showcase - with 15 LHH brass lumped the unit into the new building's beds, a choice location, Acute Medical and Acute showcase - with 15 beds, a therapeutic pool and Rehab censuses together choice location, therapeutic pool and state-of-the-art fitness ouflage the minuscule ness gym. Why were these gym. Why were these number of patients each costly enhancements needed in a safety-net hospital? needed in a safety-net hospital? needed in a safety-net 2013, the average daily the demand for rehabilita- hospital? tion services," they wrote.

sions" would raise the average daily census 1 patient per day has received treatment from 1.57 patients to "a realistic goal" of 4 in the 7-bed Acute Medical unit over the patients/day. The new facility, its trappings and fanfare, would draw new patients. It dwindling numbers are presented; withwas a field of dreams, untrampled by market research like scoping out the competition, or asking potential patients what they Health Commissioners. wanted, and why they shunned LHH.

Rehab beds were cut to 7. By mid-2012 just 5 remained. The other 10 were converted to lower-paying but fillable Skilled Nursing beds. Despite sparkling amenities and frantic recruitment efforts, private pay and Medicare patients chose to go elsewhere - as before. It got worse. For 2013, the average daily census for Acute Rehab was 2.21 patients, in 2014 it fell to 1.23 and by mid-2015 it dropped to 0.89 patients per day. Rehab Director Pascual omitted this decline in her Annual Report to the Health Commission's Joint Conference Committee on 9/8/15. Instead of a root

One way to raise revenues is to keep cause analysis of the slump, she offered LHH's small Acute Medical and Acute variants of patient recruitment strategies Rehab units busy, as their reimbursement that hadn't worked previously. The Comrates are several times higher than the missioners didn't probe, as if they didn't want to know.

Another revenue tale was spun in Dr. Lisa Pascual, and then-CEO John 2010. The Medicine Department sought

> \$950,000 in general funds census fell to 1.1, then to 0.75 by 2014, and to

An "upsurge in acute rehabilitation admis- 0.72 by mid-2015. On average, less than past 18 months. Month after month, the out explanation from Medical Director Dr. Colleen Riley, and without inquiries from

Yet, inquiries are due. The City's SFO-Three months after the rebranded penBook data base shows LHH spending LHH opened, the 15 mostly-empty Acute on "Acute Care" exploding, despite its sagging census. LHH spent about \$2.4 million in 2012-13, almost \$3.4 million in 2013-14, then \$4.1 million in 2014-15. Unfortunately, corresponding revenue data isn't provided. Given the missteps and evasions by Laguna Honda executives, Health Commissioners should ask why a 73% rise in Acute Care spending accompanies a 48% reduction in service delivery.

> Dr. Maria Rivero and Dr. Derek Kerr were senior physicians at Laguna Honda Hospital where they repeatedly exposed wrongdoing by the Department of Public Health. Contact: DerekOnVanNess@aol.com

Laguna Honda Hospital Acute Care Expenditures Main Entrance South Residence 3,000,000 2,500,000 North 2.000.000 1,500,000 Expenses for Acute Care show marked increases. Not shown is the 48% reduction in services.

Wiri Durst5 Money Matters8 Dickens Christmas Fair. 13 Kocivar / Education 18 Larson Playground 8

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GOLDEN GATE OG WALKING

West Of Twin Peaks Central Council By Mitch Bull

ublic safety and crime prevention was the topic of the night at the West of Twin Peaks Central Council meeting on Monday, October 26th as President Roger Ritter welcomed six San Francisco Police Officers to discuss the "state of crime and its prevention in SF." The officers were all long-term veterans with between 20 and 30 years of service with the SFPD.



Redmond, a 21 year veteran who over- bers are involved in property crimes. In sees the operations at all of the 10 district stations, introduced the assembled speakers: Commander Rob O'Sullivan, Sr. Captain John Sanford (Park), Captain Joe McFadden (Ingleside), Captain Mike Devlin, and Lt. Ed Del Carlo (Taraval).

The session followed a series of questions posed by moderator **Bill Chionsini**. The first topic covered was the concept of Community Policing, and Redmond explained that this results when police collaborate and work with members of the community. He mentioned that he works to have selected staff at each station for apprehending criminals, video. A disbe very involved in each of the communities, with visits to schools and getting ing a "GoPro" type of camera mounted to know the kids and the people in the neighborhoods. In that way, the community "has a voice" at each station.

O'Sullivan further explained that the SFPD believes that every officer_is a community policing person. He said that this mindset starts with the cadets in the 38-week academy classes, and that the SFPD Captains make it a priority to be seen at community events, interacting with and engaging the neighborhoods.

Sanford described community policing as the way in which the SFPD "connects the dots" and recognizes the needs and concerns of each individual district, which are often very different within different sections of San Francisco. He said that it is vitally important for the local police staff to understand the needs and concerns within their local community. for most of the misdemeanors, unlike if Giving an example, he noted that at Park they had been charged as felonies. As Station, the 14 sergeants are divided into a result the DNA evidence is not being 4 sectors, and that these "sector sergeants" are responsible for the oversight of their assigned sector patrol officers. Sanford also explained that at Park, they have a newsletter that is distributed out to the community, as well as conducting a "Merchant Monday" program to collaborate is fielding and responding to over 10,000 with the business community.

311 dial-in feature.

The next question focused on the current state of "general crime" within the city. Redmond spoke of the increase in violent and property crimes, and that there is more collaboration between districts as the criminals are moving between neighborhoods and districts,

Deputy Chief of Operations Mike and that more of the known gang memfact, the SFPD has applied gang enhance**ment** charges in several cases of property

> Taraval's Ed Del Carlo spoke on the problem of auto burglaries and breakins, which are happening all over the Sunset, and especially at Lake Merced, Fort Funston, and at Stonestown Mall. He gave an example of people leaving their garage doors open overnight, or for 4-5 hours, giving local criminal types valid crimes of opportunity.

> Del Carlo also spoke of the best tool cussion followed on the benefits of havto record activity at your front door. He also stated that most home robberies occur between 10 am and 3 pm, when most people are at work.

> The next topic of discussion was on the changes and challenges that the implementation of Prop 47 and AB 109 has caused. Proposition 47 (implemented in November 2014) changed many crimes formerly charged as felonies into misdemeanors (thus not taking convicted criminal off of the streets); while AB109 eased crowding in jails by releasing "non-violent" offenders from prison and placed them back into the communities. As a basic example, criminals who used to be sentenced to a 1 year minimum now get fewer than 30 days most of the time. In addition DNA evidence is not collected recorded and entered into the police department databases.

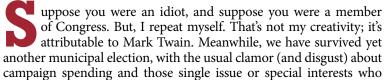
Other discussions focused on the challenges of the homeless and transient population that continually sets up encampments and structures. The SFPD calls per month, with over 15,000 cita-Mc Fadden spoke of communica- tions being given to individuals for vions being critical, as many people don't lating quality of life issues. Everyone know when to use the 911 emergency call agrees that SF cannot "build" its way out number, or when to use the alternative of the homeless problem, and that hav-415-553-0123 number, or the city services ing a "housing first" policy is difficult to implement in counties as geographically diverse as San Mateo and San Francisco.

> The next regular meeting of the WOTPCC will be on Monday, November 30th 1 at 7:30 PM at the historic Forest Hills Clubhouse. For more information see the WOT-PCC website (www.westoftwinpeaks.org).



Ruminations From a Former Supervisor \equiv





generate most of it. My favorite example is Proposition F, an effort to tame the voracious appetite of Airbnb to forfeit integrity of our neighborhoods by motivating homeowners and tenants to become hotel owners. Another example is the contributions to the Mayor's \$310,000,000 to benefit the subsidized housing and high-rise residential developers, together with their sycophantic architects, engineers, contractors, public relations operators, and so-called nonprofit entities like SPUR, whose special interest bias has never

been exposed. It also involved the supervisorial election in North Beach, Telegraph Hill, Polk Gulch, Chinatown, and Russian Hill, contemporarily known as "District 3," between my friend, Aaron Peskin, and the Mayor's appointed and dutiful lackey, plus a perpetual neighborhood candidate. Astonishingly, more money was spent by the two major contenders for a Board of Supervisors election than ever in history, including at-large supervisorial elections is consumed by the Arts Commission and in a bygone, but sorely missed era. At the end of the campaign, one of the incumbent Mayor's obedient clubs (Asian Pacific Democratic Club) claimed that the Chi-

Development Center, an asserted nonprofit entity which probably couldn't exist with-out City II."

War Memorial Foundation, of which I am President. The American Legion Post, however, sued the mayoral-appointed trustees for the country of the cou couldn't exist with-out City Hall money, with the same acts of order confirming entitlement had collected under fraudulent activity in com- of patriotic organizations false pretenses absen- pleting absentee ballots to office and other related tee ballots from elderly Chinese-speaking voters, marked the ballots voters and then deliver- was heard in San Francisco for Peskin and then ing them to the Depart-Superior Court on Novemdeposited them illegally.

The District Attorney's office declared it was conducted a superficial judge for decision.

The District Attorney's conducted a superficial judge for decision. "looking into" the alle- investigation that led to gation emanating from no criminal charges being expression: (1) The City of a mayoral organization brought a mayoral organization political consultant.

Let's contrast District Attorney George Gascon's attention to with 41,000 full-time employees, averaga matter in 2011 after the newly-chosen (by the Board of Supervisors) Mayor had appointed him our City and County Prosecutor. Mayoral flunkies were charged with the same acts of fraudulent activity in completing absentee ballots for elderly Chinatown voters and then delivering them to the Department of Elections. Gascon conducted a superficial investigation that led to no criminal charges being brought, which would have affected his benefactor, the Mayor, adversely. Let's see what happens now.

Despite the bumbling tactics of the campaign manager, one Michael Terris, the San Francisco Giants prevailed in persuading voters to approve Proposition D, enabling construction of hundreds of tactics and truthfulness; the Giants happily prevailed despite their ill-advised retention of one of the worst practitioners in today's San Francisco.

Finally, one notes the eagerness of the San Francisco Department of Elections to purvey ballots in languages other than English. Simple logic informs us that a voter must be a citizen. A citizen must demonstrate proficiency in English and understanding of our governmental system. Nevertheless, the Department of Elections spends money on a mailer happily informing voters they can use three versions of the ballots, Spanish, Chinese, and now Tagalog.

Unknown to most San Franciscans, the San Francisco War Memorial Veterans' Building at Van Ness Avenue and McAllister Street no longer can be identified as a resultant of honor to our World War I veterans and thereafter World War II, Korean War, Vietnam War, Iraq and Afghanistan

Wars, despite the 1921 conveyance from the University of California Regents to San Francisco to honor and provide a structure for World War I veterans. Unfortunately, the War Memorial Trustees, appointed entirely by the Mayor, includes but one veteran, and he has scolded the American Legion Post for objecting to reduction of space for veterans to approximately 8% of the entire building following a renovation completed in August. The building instead similar entities. Swords into Plowshares, founded by Vietnam War veterans for employment and other services to Vietnam War veterans, is excluded. So is the Korean

Two short items merit employer in a population of over four million people,

ing \$78,139 per year in salary before overtime or bonuses are added. San Francisco, with some 840,000 people, employs almost 35,000 full-time employees, without a peep from the media or almost all neighborhood associations. (2) I thought, and maybe you did too, that redevelopment agencies in California had been eliminated and there'd be no more taking of one person's private property or transfer to another entity or person for such needed works as automobile row, golf courses, or entertainment arenas. We were all wrong. Last month, Governor Jerry Brown, who had led and advocated ending redevelopment and its eminent domain powers four years ago, signed Assembly Bill No. 2, which allows cities to create new such housing units, parks, and stores at Mission entities and to issue bonds (at taxpayer Creek, presently a parking lot owned by the expense) for claimed affordable housing, Port of San Francisco. Political campaign economic revitalization, and infrastrucmanagers are historically suspect in their ture, using eminent domain and thereby restoring power to destroy one person's property rights in favor of another. The new law, of course, uses soothing language such as "community revitalization investment authorities," another way to describe corporate welfare and destruction of private property rights, all under the guise of helping the poor. The law exempts any public property from acquisition for redevelopment without consent of the public entity (in helping the poor, California now treats private property as fair game, while exempting governmental property).

> In 1764, the French philosopher and author Voltaire wrote: "The art of government consists of taking as much money as possible from one party of the citizens to give to the other." Or you may rely on humorist Will Rogers, who declared: "I don't make jokes. I just watch the government and report the acts."

> Retired former Supervisor, State Senator and Judge Quentin Kopp lives in District 7.

Business Corner

Sold on PlayhavenSF

By Henry Wong

very new and promising indoor children play space and learning center is now available to parents seeking a fun and educational experience for ■their kids, aptly called playhavensf. It recently opened its doors for the first time early in October in the Forest Hill area and is a great alternative for parents here in the City.

Playhavensf was created by San Francisco resident Sheryl Tecson, a preschool teacher with 12 years experience and a mother of two daughters of her own. Playhavensf is also co-owned and operated by her husband, Daniel, who tells me that he handles more of the marketing stuff for the business. They told us at the Westside Observer that they have dreamed of opening a children's learning center to create a gathering place for families where children's open-ended play is valued. They will provide a variety of children's enrichment classes, and even a separate workspace and lounge for the parents to relax and enjoy some free time together. Since opening their doors they have been constantly retooling to meet the needs of families. Their continual efforts and hard work have not gone unnoticed by the families, who have responded with an outpouring of appreciation and support which encourages them even further. Their dedication is repaid when families tend to linger around together with happy smiles well beyond closing time.

In order for all of this to become toaster oven, tea and coffee. reality, they realized that they needed an give the kids a carefree childhood experience. So when they were searching for a good location and found this secluded area in the Forest Hill neighborhood, they felt it was a perfect fit for fulfilling this dream. Once they saw the play area in the back of the site, Daniel mentioned to Sheryl that concrete jungle of a city. Hence, the moniker 'Playhavensf' was born.

you some more details and general information about their location and services, as well as descriptions of the physical activities, staff, academics, and even a daily schedule. They have an art studio, sensory activities, imaginative games, dramatic ner and down the block from the Forest play areas, and even a rock-climbing wall. playhavensf will also have a fully-equipped parking for those drivers that would rather kitchen with microwave, refrigerator, not circle these city blocks like a predatory

And, of course, there are always the environment that inspires youthful imagi- costs to think about. Playhavensf has daily nation, along with extended playtime to rates of \$12.00 and unlimited monthly memberships for \$79.00. Compare that with other learning centers like Kumon, which charges something over \$100.00 for a monthly membership. Aside from all the activities they provide for the family, playhavensf will also have free WIFI throughout the center, and even has a private party it resembles a "haven" hidden within this room which can accommodate up to 35 people for special occasions. In another area of the learning center, they will also Their website, playhavensf.com, gives feature an outdoor patio for the kids and parents to cool off from all the creative adrenaline and mental gymnastics.

So for parents who are interested, Playhavensf is centrally located at 254 Laguna Honda Blvd., just around the cor-Hill BART station. There is also lots of free

... at 254 Laguna Honda Blvd., just around the corner and down the block from the Forest Hill BART station. There is also lots of free parking for those drivers that would rather not circle these city blocks like a predatory falcon when delivering or picking up the kids.





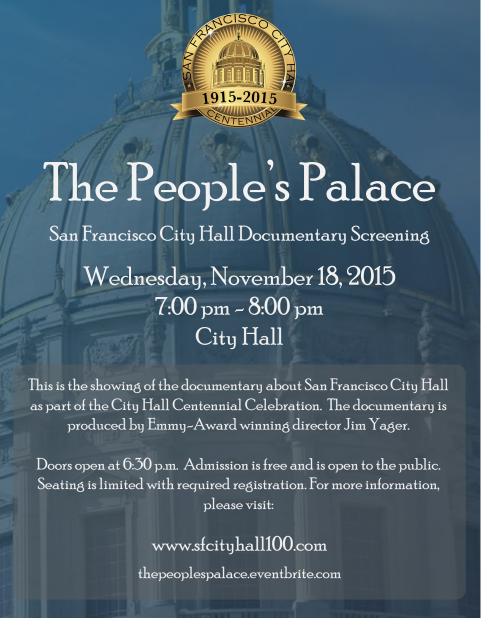




Playhavensf owners, Sheryl & Daniel approach that seems to resonate with their many clients. They seem to be very genuine with their passion and they are certainly motivated for all the right reasons.

falcon when delivering or picking up the They have spent a considerable amount of personal time and resources to build a nice foundation to start a dream from scratch Tecson, have embarked on a very idealistic and I am really excited to see them succeed with playhavensf in the near future.

> Henry Wong is a freelance reporter and a father living on the Westside.



Something Special In the Air

Commentary

Sewer Spills and the Sand Solution

By Steve Lawrence

an Francisco has a combined sewer system. This means that both home sewage and storm water combine together and need to be treated. In summer months little flows. During winter when it rains, an awful lot flows. Problems flow, too.

storage containers are employed. Combined wastewater and stormwater fills the devised to deal with rising seas at Ocean container. If the container fills completely, the top liquids flow off untreated; the bad stuff tends to settle. Such releases of untreated wastewater are spills. Spills are limited in number by regulation.

In the late 1980s and early 1990s, the beach west of the LMT. Oceanside treatment plant was built next to the Zoo to improve treatment and reduce ocean very quickly. The sand placed is spills of untreated wastewater. Along with the treatment plant, which treats wastewater and discharges it through an outfall southwest El Nino storm, the ocean can

into the ocean, a storage facility was buried under the Great Highway. This storage facilunder the Great Highthough were you in it, as bad, or worse. it would feel like one.

It is a large diameter concrete pipe.

ocean. It is vulnerable to rising seas, and to intense storms which can batter the coast. Coastal erosion has become a real problem; as it happens, it is worst just to the west of the LMT.

feet between the beach and the buried

To support the LMT and keep it from bursting, experts say that ten feet of soil provicing lateral soil support is required. Otherwise the pipe is liable to burst.

Why would such a pipe burst? After a large storm it is filled with liquid. This is heavy. It places a downward and outward force. Imagine a balloon over-filling with water; it expands, hangs lower, and bursts. Same with the LMT, unless there is resistance (soil) to counteract the liquid's force.

With 49 feet of excess soil at present, you might imagine all is well. But during the 2009-10 year, reports were that the coast eroded 40 feet; one report claimed seventy feet.

So what if the storage pipe collapses? It would be a very big deal. Not only would the city pollute the ocean and beach with wastewater, but also it would lack storage and spill in each subsequent storm. That would be intolerable to regulators, and to residents. Emergency measures would need to be mobilized, and the cost might

Beach. Called the Ocean Beach Master Plan, it did address the need to protect the vulnerable LMT from rising seas. Some steps have been taken. But they are baby steps. Sand has been transported to the

But sand is scoured away by a stormy fine sand, which goes more easily. Under the influence of high tides and a typical

rise up and scour from south to north, pulling In 2009-10 the ocean beach sand north and took part of Great west. Once the sand is eroded away, the cliffs ity is called the LMT, Lake Merced Tunnel. Highway, and it did so very may slide and break It is not really a tunnel, quickly. This winter could be off, and this erosion leaves less lateral support for the LMT.

In 2009-10 the ocean took part of The pipe is located too close to the Great Highway, and it did so very quickly. This winter could be as bad, or worse.

> Despite the risk, which seems serious, better protection for the LMT may not

Plans call for an inverted L shaped At present, at the closest, there is 59 hard barrier is to be installed. The idea is to drill piers west of the LMT, and then cover it with a top, or partial top. The piers form a vertical wall; the top is horizontal.

> Experts opine that all is well so long as a thirty year storm does not strike. A thirty year storm is one large enough so that it strikes only on average once in every thirty

> So when is this inverted L protection to be installed? Until recently, eight to fifteen years out was the plan. That was the timeframe coincident with the Ocean Beach Master Plan of 2012. With the prospect of a severe El Nino, plans have assumed more urgency. But there is zero chance for that hard protection to be in place this winter,

> While it is always possible that emergency measures (in the past dumping large rocks) can be accomplished in time to save the LMT, is the risk of LMT failure one the city can afford?

Steve Lawrence is a Westside resident and SF Public Utility Commission stalwart. Feedback: lawrence@westsideobserver.com

To deal with extreme variation in flow, run into the tens of millions, maybe more. A couple of years ago a plan was

My 24 • Will Durst © 2015 **Red Meat vs. Creme Brulee.**

f the disappointment of everyone expecting fireworks at the first Democratic debate exhibited itself as perspiration, we could declare the California drought over. A few soggy matches might have been lit but that was it. Heavy on the smoke, non-existent on the flame.

This initial gathering of liberal presi- Sarah Palin. dential wannabees did highlight the differing styles of the 2 parties. Both may be tests for Lincoln Chafee. No performancebig on giving away government money, enhancing drugs to be found in his urine. but Democrats prefer ladling it out to poor And speaking of Glass-Steagall, this selfpeople, while the Republicans want to described "block of granite" might want slip it to the rich. Republicans live in Potterville, and the Dems call Bedford Falls

Even their debating styles are as different as rocket-propelled grenades and rainbow-streamer pinwheels. During their recent spate of infernal internal face-offs, the GOP demonstrated a penchant for biting off big chunks of red meat which they spat into each other's faces, while Democrats barely summoned the energy to crack Denmark. the crust of their crème brulee.

And no need to break out the drug to lay off informing people that his vote to repeal was due to the death of his dad. Doesn't make much sense and loses points for lack of wit.

Focus groups and unrepentant hippies declared Bernie Sanders the winner for his lovable irascibility and corkscrew explanation of how to be a socialist and a good capitalist at the same time. He then inexplicably encouraged them to look to

Hillary disagreed, "We are not Den-

the GOP demonstrated a penchant for biting off big chunks of red meat which they spat into each other's faces, while Democrats barely summoned the energy to crack the crust of their crème brulee.

adults, (Bernie & Hillary) on one side and Eiffel Tower on the way there. But the sig-Chafee's eerie resemblance to Grandpa Munster.

Martin O'Malley, languishing in the mate Contender Ville, by putting the shill chilled molasses. Uncaptivating crowds by calling for the reinstatement of Glass-Steagall which sounds like a Vegas high roller is Hillary." knick-knack.

Jim Webb approached the whole thing as an audition for a Democratic John McCain tribute band, going so far as to creepily grin while recounting the killing of a Communist. Quick, get his opinion on

At Democratic family functions mark," which surprised a significant poreverybody sits at the kids' table. With the tion of the audience who had passed the the three other guys crammed together on nature moment was when the Vermont the other. They sat up straight and affected Senator handed the former Secretary of nonchalance, but it was clear they were State a political gift the size of Ted Cruz's confused by their forks. Overall, civility ego by saying "the American people are reigned, with no one pointing out Lincoln sick and tired of hearing about your damn emails." His graciousness was trumped only by her insincere laughter.

Although Bill's wife's command of the low single digits in polls with margins of room and the facts made her look, dare error of mid- single digits, squandered his we say... presidential, progressives feel the big chance to secure a passport to Legiti- Bern. First a charismatic young black guy, now a charismatic old white guy. Throw in in shilly-shally. All the vision and energy of a beret wearing bimbo and Hamlet waiting in the wings and people are starting to misquote Shakespeare... "2nd Place, thy name

> Will Durst is an award-winning, nationally acclaimed columnist and comedian. Go to willdurst.com for info about personal appearances, and the documentary "3 Still Standing" premiering soon at a theater near you.

Harvesting the Cannabis Taxes

ith Governor Jerry Brown's signatures on AB 266, AB 243 and SB 643, California took historic and progressive steps to collect taxes and provide a regulatory framework for California's 20 year-old medicinal Cannabis Industry, bringing an underground economy out of the shadows.

Local control will be the basic component of the new regulations that state and county officials will now begin to consider in public meetings and legislative research. The core effect of the new laws will be to strengthen the rights of local officials to

levy taxes, regulate land use and zoning, and specify rules of cultivation and sales.

Despite the current federal administration's hands-off policy toward marijuana, it is still classified as a Schedule I Controlled Substance and banks or credits unions face the threat of criminal prosecution if they provide banking services to medicinal (or recreational) cannabis operations. This remains true even if financial institutions follow the federal guidance of the Financial Crimes Enforcement Network (FinCEN) issued by the Justice Department and Treasury, as well as the money laundering provisions of the Bank Secrecy Act of 1970.

Job one: get Medicinal Cannabis Dispensaries (MCDs) banked. This is the first step because that would allow California to get back the taxes it is owed. In 2014, according to Fiona Ma, Member of the State Board of Equalization (SBOE), \$28 million of sales tax was collected from licensed dispensaries—only about 35% of the MCDs in operation in the state. That leaves about \$73 million uncollected from the Medical Cannabis Dispensaries that are not paying sales taxes.

During a Presidential election year it is unlikely that the federal government will address the conflict between federal and state laws. The state needs to step up and find a creative proposal to bank this well-established industry. Assemblymember Jim Wood, D-Healdsberg, has introduced AB 1549 to create a credit union within the SBOE. Keep an eye on this next year when the Legislature reconvenes.

California needs to provide leadership to resolve this legal roadblock. What this state adopts will force the federal government into action, let's hope they get it right.



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The ideas and opinions expressed in these pages are strictly those of the author and do not necessarily reflect the opinions of the staff or publisher of this paper. The Westside Observer is a free monthly newspaper serving the entire West of Twin Peaks area of San Francisco. Circulation is 18,000 copies, distributed 10 times a year. 16,000 are distributed -to-door, 2000 are distributed via free distribution racks in the West of Twin Peaks area, as well as libraries and other key drop-off points (see westsideobserver.com/hardcopy.html).



Tech Buses Devour Muni Bus Stops

Tech Buses (Cont. from p. 1)

for their employees are responsible for approximately 131 shuttle busses in the City each weekday, they make at least 273 runs each day that involve approximately 9,030 boarding's daily for an estimated 4,105 individual employees. But the BLA noted the actual number of shuttles, trips, boardings, and passengers is probably much higher, since not all shuttle providers have been willing to share this information with public agencies. I have to wonder if tech companies are taking Airbnb's lead in refusing to provide data to San Francisco city officials.

The 45-foot long regional shuttle buses — which typically have 52 to 81 seats, and weigh between 54,000 pounds to 62,00 pounds (27 tons to 31 tons) when fully loaded — cause more wear and tear on our roadways than even 18-wheel semitrailers. A typical bus (whether Muni's or private shuttles) place 7,774 times more stress per trip on our roadways that an SUV places. This means street damage caused by one, large shuttle bus driving along a hypothetical one-mile-long lane is equivalent to 4,700 passenger vehicles driving over the same lane. Clearly, heavier shuttle buses contribute to faster roadway deterioration, and shorten the lifetime of roadways.

No comprehensive formal study has been performed on the impact of shuttles on pedestrian and bicycle safety or Muni passengers with disabilities, including Muni passengers forced to board in traffic lanes when shuttle buses are parked in red zones, shuttles parking in bike lanes, shuttles not yielding to pedestrians, or blocking traffic lanes for ambulances or fire engines, among other issues.

The BLA report noted a February 2014 analysis by graduate students at UC-Berkeley found that 40% of shuttle riders would move closer to their Peninsula jobs if shuttle bus services were discontinued, suggesting the shuttle buses have a major impact on the demand for San Francisco's housing stock and the displacement caused by our housing crisis. Another Berkeley graduate student determined that rental prices within a half-mile radius of Goggle shuttle stops increased at a faster rate than rental prices elsewhere.

Between June 2014 and July 2015, the number of shuttle bus stop events in San now 203 shuttles in operation in San Francisco, traveling 118 routes.

CEQA Appeal Rejected by Board of **Supervisors**

After the Planning Department and SFMTA decided to exempt the shuttle bus program from California's Environmental Quality Act (CEQA) processes to determine impacts and explore potential mitigation measures, an appeal was filed with San Francisco's Board of Supervisors.

On February 21, 2014 Tim Redmond published an article on 48Hills.org indicating that a group of activists had filed the appeal with the Board of Supervisors regarding MTA's proposal to allow tech buses to use Muni's red zones, with a \$1 per stop fee. Redmond's article explored the "wink-and-nod policy" the MTÂ had with "tech firms to allow them — and nobody else — to break the law [against stopping in Muni red zones] with impunity."

Redmond's article reported that Bauer's vice president for sales and marketing, Michael Watson, e-mailed Muni in January 2014 asking that bus-zone tickets be dismissed because "as I assume you know, we have had a 'handshake agreement' [a.k.a., 'wink-wink'] with SFMTA for many years that allowed [Bauer] to use the stops under a 'Muni first' condition."

Watson asked Muni's Shuttle Pilot Program manager Carli Paine in January 2014 how Bauer should go about getting future citations waived and a refund for citations it had already paid. Redmond reported Google goes beyond what Bauer is doing, since Google had hired Barbary Coast Consulting, a prominent lobbying firm [founded by San Francisco political operative and registered lobbyist Alex Clemens in 2003], to try to get the City and the Police Department to stop issuing parking tickets to Bauer.

The Board of Supervisors foolishly and ironically rejected the CEQA appeal on April 1, 2014, April Fool's day, in an 8-to-2 vote to approve an 18-month pilot project trial period, with only Supervisors David Campos and John Avalos against it. The Superior Court Lawsuit for Full CEQA

Within a month following the Board of Supervisors denial of the appeal, the Coalition for Fair, Legal, and Environmental Transit filed a lawsuit in San Francisco Superior Court on May 1, 2014 in Superior Court, case #CPF-14513627 (Coalition for Fair, Legal and Environmental Transit vs.

City Attorney Dennis Herrera and his underlings must know that our Charter City cannot adopt a change like this in conflict with State law. Obviously, the Shuttle project will contribute to pedestrian and bicyclist safety risks, since the intensity of transit services is a well-known, established spatial risk factor for pedestrian injuries. One San Francisco pedestrian has died from a shuttle bus accident.

The lawsuit also notes that substantial numbers of people will face displacement, since rents are rising much faster near private stops than elsewhere in the City. Even the BLA report in March 2014 noted commuter shuttle buses are impacting displacement, and causing rents to soar.

On-Going Media Coverage

On June 2, 2014, Adrian Covert pub-Francisco increased by 46%, from 2,032 to lished an Op-Ed in the San Francisco 2,978. According to the SFMTA, there are Examiner, wrongly asserting that a group of activists who had filed a lawsuit in Superior Court calling for a full environmental impact report on the 18-month trial period were "anti-tech."

> A few weeks later, Susan Vaughan, who is among the "Coalition for Fair, Legal, and Environmental Transit," that filed the lawsuit against Apple, Inc. and others, including the SFMTA named as a real party in interest, published a rebuttal to Covert's nonsense in the Examiner on June 18, 2014. She noted the plaintiffs in the lawsuit are not "anti-tech." Vaughan, also chair of the San Francisco Group of the San Francisco Bay Chapter Sierra Club, wrote:

> For one thing, it is illegal for the private shuttles to pull into public bus stops. Case law also indicates that you cannot base a California Environmental Quality Act pilot program on an illegal activity. Furthermore, there is a fair argument

shuttles pose environmental impacts that p.m.) during commute periods. must be assessed and mitigated."

MTA Board of Directors until Mayor Ed Lee unceremoniously removed him from MTA's board without any prior notice or thanks for Oka's many years of service published a joint Op-Ed in the Examiner, vehicles pull illegally into public bus stops, obstructing service for senior citizens and people with disabilities.

bus zones could also be hindering Muni's on-time performance. They also noted that people who are disabled are excluded from the private shuttles, because the charyou ever seen a wheelchair-user board a Bauer or Google bus?

On June 19, 2015, Dan Raile published a report on Pando.com that the list of defendants named in the shuttle bus for Fair, Legal, and Environmental Transit had been narrowed to the City, the Board of Supervisors, the Planning Department, the SFMTA and Mayor Ed Lee, since Apple, Genentech, Google, and various shuttle operator companies had successfully argued in the court that they should be removed from the case entirely, and to end on January 31, 2016, at which point it may be made a permanent program.

On September 9, 2015 Joe Fitzgerald-Rodriquez reported in the San Francisco Examiner that filings from SFMTA show the commuter shuttle pilot program is by either calling the MTA, or calling the now approaching permanency.

In response to public records requests received reveal City planners repeatedly referred to making the program permanent on a "tight schedule," and that in an effort of adhere to the tight schedule, some data of the program were made on an it disagreed that the program was being "fast tracked."

Questionable Preliminary SFMTA "Evaluation Report"

a premature Evaluation Report regarding the shuttle program trial period. The 18-month program is scheduled to run through the end of January 2016, so why a premature and preliminary report was released four months early is not known, to squash the lawsuit in Superior Court in Room 400 at City Hall. demanding a full EIR before the shuttle program is made permanent.

There's plenty of questionable data in it. The report claims on page 25 that of 28 shuttles an hour using the Muni bus stop at Van Ness and California Street, that there lie, I have to wonder if this is one of many "educated guesses" Muni admitted to making in their e-mails.

directly contradict the BLA and Harvey Rose's initial estimates in 2014.

The discrepancy between the two reports may be due to the methodology for data collection Muni used during the pilot study: Muni admits field data collection efforts during the trial period observed shuttle and Muni activity at just 20 shuttle zone locations — 10 in the morning

the CEQA standard for triggering an (between 6:45 a.m. and 9:15 a.m.) and 10 environmental impact report — that the in the evening (between 5:30 p.m. and 8:00

Muni claimed on page 18 of the report On March 5, 2015, Vaughan and to have used this small sample size to Bruce Oka — a former member of the develop a "reasonable sample of total stopevents made by commuter shuttles on a typical day." From there, Muni staff may have extrapolated on an "educated guess"

Not too surprisingly, on October 8, noting Muni drivers will tell you shuttle just three days after the preliminary Evaluation Report was published, the lawyer representing the Mayor and other City defendants in the lawsuit — Deputy City The pair noted illegal stops in Muni Attorney Audrey Pearson — presented the Evaluation Report to the Superior Court during her deposition. The report shows that 12 months into the pilot project, the City still doesn't have real-time data flowter buses rarely have wheelchair lifts. Have ing from shuttle operators, shuttle operators have failed to provide data regularly and accurately, and SFMTA staff may have naively expected a more concerted compliance from by the shuttle providers to ensure data was submitted properly. It's lawsuit filed in May 2014 by the Coalition hard to justify a project's exemption from CEQA when more than a year into the program, data is still not being collected. Maybe that's why SFMTA staff continue to make "educated guesses" about the shuttle program's adverse impacts.

Take Action: Attend Meetings, Lodge Complaints, and Take Photos!

Part of the preliminary Evaluation were. Raile noted the pilot program is set Report released on October 5 included data concerning the number and types of complaints MTA has received regarding the shuttle bus program. The report pooh-poohed the small number of complaints filed so far. You can file complaints City's 3–1–1 call center.

Photos of the tech shuttle buses block-Vaughan had placed, e-mail records ing Muni access to the red zone bus stops are especially, and urgently, needed. If you can help document blocking of bus stops, the more photos that can be submitted showing passengers boarding and disembarking Muni buses in the street, while the "educated guess" basis by planners, rather tech shuttles are idling in bus zones, the than relying on real data. SFMTA claimed better! It would be helpful to note the date, time, and location of any such photos.

> Two important meetings are scheduled before the SFMTA:

A hearing on MTA's preliminary Eval-On October 5, 2015 SFMTA released uation Report will be heard by SFMTA's CAC (Community Advisory Committee) on November 5 at 5:30 p.m. in the 7th floor conference room at One South Van Ness.

The permanent shuttle bus program will reportedly be on the agenda for the SFMTA Board of Directors meeting on but some suspect the report is designed Tuesday, November 17, 2015 at 1:00 p.m.

> The trial of the lawsuit filed by the Coalition for Fair, Legal, and Environmental Transit is scheduled for November 13, 2015 in Department 608 at 9:00 a.m. in the Courthouse at McAllister and Polk streets.

The City's pretense that "Google were zero blocked Muni buses per hour. buses" are not contributing to the displace-That claim is either an outright lie, or simment of residents and the loss of affordply false information, as I can attest from able housing in San Francisco, and are *not* my daily experience. If it's not an outright worsening pedestrian and Muni passenger safety, needs to stop! That's magical thinking on the part of the City, albeit untrue.

An expanded version of this article SFMTA's new report appears to will appear on www.stopLHHdownsize.

> Monette-Shaw is an open-government accountability advocate, a patient advocate, and a member of California's First Amendment Coalition. He received the Society of Professional Journalists-James Madison Freedom of Information Award in the Advocacy category. Feedback: monette-shaw@ westsideobserver.



Coyotes (Cont. from p. 1)

to associate food with parks. The coyotes live in the parks and will not be fooled. Last, the RPD has posted warning signs in Stern Grove.

Coyotes do not have state protection, but hunting is not allowed in City parks, and City policy specifies coexistence with wildlife. Certainly the Stern Grove coyotes should be relocated for their own benefit. If their predation of cats and dogs goes unpunished, the coyotes' behavior will certainly become more aggressive.

The City's lack of policies on coyotes is ridiculous in the San Francisco Chronicle: and calculated. No matter how many pets are killed or attacked, it is completely the pet owners' fault/responsibil- say 'Go away coyote.' I am not convinced that given what ity for not being vigilant. It is solely up to the pet owner to has already taken place that calling on park users to haze modify the coyote's behavior.

It goes unsaid, but most convenient for the RPD, California Department of Fish and Game (CDFW), and attended an October 22nd meeting on coyotes commented: Golden Gate National Recreation Area (GGNRA), that all three departments really don't want dogs running offleash. In fact, they would prefer to not even have dogs on public property. All three agencies appear to want the coyotes more than they want the dogs.

Sally Stephens, the Chair of San Francisco Dog Owners Group (SFDOG) explains,

"There is a huge demand for off-leash access in San Francisco. Given the threats to the legal off-leash dog play areas (DPAs) -- the GGNRA wants to cut access to 90% of current areas, RPD's Natural Areas Program will cut ote problem. CDFW spokesman Kevin Hugman states: access in city parks by 15% -- losing any legal off-leash space because of coyotes is not acceptable. But it may not be necessary because we can co-exist."

Sadly, a September 24 Facebook post by Peggy Lo so you have to be the best dog owner you can be." reported:

We were at Stern Grove and a Coyote was waiting for him behind a tree approximately 20 feet above the walking path across from the lake. Buster heard a noise, and began to run up the hill and then we heard him squeal. My hus- health code Section41.5(ii) sets out the process: band (Johnny Lo) chased the Coyote who had the dog in his mouth. A second Coyote appeared. Johnny searched for two to a person or other animal the Director of Public Health hours but couldn't find our Buster."

Sarah Lo continued:

"We feel responsible for not having him on a leash but he usually walks right next to us. We are heartbroken and don't want anyone else to go through this. The coyotes are getting too comfortable and are so close to the path, it might not have mattered if Buster was on a leash. We will contact to the public health and safety, the owner thereof shall be Fish and Game tomorrow but it seems futile since the City, subject to the provisions of paragraph (c) of this Section, and

and Park and Rec, don't have any will to relocate the animals or exterminate them, if necessary."

A group called Project Coyote has started giving seminars to pet owners called "Coyote Hazing Field Training." Instructor Gina Farr gives the following advice: Make eye contact with the coyote, keep your dog on a leash, wave your arms over your head, continue to shout "go away coyote," carry a noisemaker, and advance on the coyote.

Project Coyote's objective is to modify pet owners' behavior so that they can co-exist with coyotes.

Sara Roma, another dog owner was recently quoted

'We're now at the point where it isn't going to help to the coyotes will necessarily give us a definitive solution."

Suzanne Dumont, a local resident and dog owner who

"Children's safety and the well-used BBQ pits at Stern Grove right near a coyote den were never discussed by the RPD representatives, who seemed not to have done their homework. Much to the frustration of those attending the meeting, a RPD manager told the crowd it was illegal to haze coyotes in city parks, oblivious to the Rec & Park sponsored Hazing Training that took place at Stern Grove just a few weeks ago."

The City, RPD, and California Fish and Wildlife sidered a menace, and coyotes are not? Department (CDFW) have no plan for the growing coy-

"It's not a coyote problem. It's a people problem, and ... dogs and cats are going to be taken. We have calls all the time of dogs taken right off their leash. It's going to happen,

The coyotes that live among us have become domes-"Today, we lost our seven pound Malti-poo, Buster. ticated and do not fear people. With no predators and no restrictions on their behavior, coyotes are free to do whatever they want, without any punishment.

In San Francisco, if a dog attacks another animal,

may recommend that such dog be declared a menace to the public health and safety and he shall so inform the District Attorney by a written complaint. The District Attorney shall then bring said written complaint to the Municipal Court for a finding that the dog is a menace to the public Most adult coyotes weigh between 25 and 35 pounds, with health and safety. If the Court finds the dog to be a menace a few larger animals weighing up to 42 pounds.



James Corrigan, Forest Hill Extension, snapped this picture of a Coyote at Vasquez and Laguna Honda Blvd. on July 4, 2015.

We feel responsible for not having him on a leash but he usually walks right next to us. We are heartbroken and don't want anyone else to go through this.

upon order of the Court, the Animal Control Officer or a Police Officer shall impound, hold, and humanely destroy the dog in accordance with the procedures of paragraph (c) of this Section."

Why are dogs who attack dogs, cats, and people con-

For the politically-correct citizens of San Francisco, the thought of punishing a coyote for its behavior is too harsh. We cannot stand the thought of hurting a "wild animal," yet many of us think nothing of walking by a homeless person, Starbucks in hand.

Certainly the Stern Grove coyotes should be relocated for their own benefit. If their predation of cats and dogs goes unpunished, the coyotes' behavior will certainly become more aggressive and they will become overpopulated.

The covote is a medium-sized member of the dog family that includes wolves and foxes. With pointed ears, "In the event that a biting dog causes severe injuries a slender muzzle, and a drooping bushy tail, the coyote often resembles a German shepherd or collie. Coyotes are usually a grayish brown with reddish tinges behind the ears and around the face, but coloration can vary from a silver-gray to black. The tail usually has a black tip. Eyes are yellow, rather than brown like many domestic dogs.

Although coyotes are predators, they are also

Cont. p. 8



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Money Matters By Brandon Miller

Take a Day to Organize Your Finances

f you're like most people, you periodically set aside time to clean out your home, garage or closets. It's equally as important to take time to organize your finances. The following checklist can help you get started:

Cancel unused credit cards — If you're paying an annual fee on a credit card or other account that you don't use, you're throwing money away. So, cash in any rewards points you have earned and then cancel the account. Of course, take into consideration whether canceling the card will negatively affect your credit rating.

When it comes to credit, you may also earn more rewards if you stick to one or two cards.

Cancel unused memberships - If a new at-home exercise routine has replaced yourtrips to the health club or gym, or if you're no longer playing golf at a course you belong to, consider canceling your membership. Even if you have to pay a fee, you may quickly recoup your financial losses.

Consolidate accounts — You don't necessarily need multiple checking, savings, investment, retirement or credit card accounts, yet many people maintain them - often because it takes extra time up-front to consolidate. Maintaining numerous accounts can increase the amount of time you spend opening mail, reconciling statements, keeping records and paying bills. When it comes to credit, you may also earn more rewards if you stick to one or two cards.

Negotiate better deals with your service providers — Whether it's your cable, Internet or waste removal company, chances are you can negotiate a better rate. Simply take time to get quotes from competitors. If they are offering lower rates for the same services, go back to your service provider to see if they will price match to keep your business. If not, switch to someone new.

Update your financial records — Make a list of your current financial accounts, contacts and passwords. Keep this information in a safe and secure place.

Update your beneficiary designations — Your beneficiary designations override your will. So, if you've experienced a marriage, divorce, birth, adoption or death, make sure your beneficiary designations reflect your wishes.

Review your home and auto insurance coverage — Make sure your coverage reflects your present needs. Also, price shop the same coverage with different providers. Whether you switch to a new provider or use this information to strike a deal with your current provider, you could save a significant amount.

Simplify your investments — If tracking various investments is stressing you out, consider asset allocation or managed accounts. Attempting to manage and track too many investment accounts can require a great deal of time and, if you're not on top of the details, can prevent you making the best investment choices for your portfolio. Consider working with a financial professional to help you organize your finances and help you determine what kinds of investments might work best for you.

Consult your financial advisor for more ideas and strategies on ways you can save.

Brandon Miller, CFP is a financial consultant at Brio Financial Group, A Private Wealth Advisory Practice of Ameriprise Financial Inc. in San Francisco, specializing in helping *LGBT* individuals and families plan and achieve their financial goals.

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Larson Playground to Reopen Saturday Nov. 21st

After many months of planning, the Larson Playground is scheduled for opening on November 21st with an opening celebration to take place from 11-1 pm at Vicente Street, between 19th and 20th Ave.

After a design contract snafu early this spring the team managing the project concluded that the artist originally selected to design and fabricate the plane structure could not meet the specifications in the contract. As a result, GameTime, a well-known playground equipment manufacturer is working to design something as similar as possible to what was originally envisioned – a plane structure with a climbing net that is safe, fun and exciting for children to experience.



Photo Credit: The Bancroft Library, University of California, Berkeley

Coyotes (Cont. from p. 7)

opportunistic feeders and shift their diets to take advantage of the most available prey. Coyotes are generally scavengers and predators of small prey, but occasionally shift to large prey. They prefer small rodents, and human garbage. Interestingly, about 25% of their diet consists of fruit.

San Francisco's coyote population estimated to be between 100 and 200 coyotes — are no more wild animals than San Francisco's raccoons are wild. These animals are living in residential areas and have adapted to surviving in them. The next time your garbage can is knocked over by a "wild raccoon," think about what a raccoon in the woods would be eating.

San Francisco's coyote problem began in 2007. Coyotes started colonizing the Presidio. The coyote population has spread rapidly throughout City's open spaces. DNA testing on some of the original coyotes in the City showed that they came from Marin County. With no known predators and ample amounts of food, the coyote population in San Francisco appears to be growing rapidly.

There have been only two fatal coyote attacks recorded in modern history: In 1981, a three-year-old girl in Southern California died of injuries sustained from a coyote attack, and most recently in 2009, a 19-year-old female was fatally attacked by a group of eastern coyotes while hiking alone in Cape Breton Highlands National Park, Nova Scotia.

According to a recent report on coyote diseases developed by the Urban Coyote Ecology and Management Research Team in Cook County, Illinois:

"Wildlife disease is of great importance to the health and safety of humans and

domestic animals because 73% of emerging and re-emerging pathogens are known to be zoonotic (transmitted from animals to people). There is increasing evidence suggesting that urbanization and resultant landuse changes contribute to the emergence of wildlife diseases through multiple mechanisms, with consequences for human and pet health."

Through serological testing (using blood to identify disease), the Cook County Coyote Project looked primarily for the presence of these diseases in the coyote population: Canine parvo, canine distemper, toxoplasmosis, Lyme, and Leptospirosis. These diseases are important to study because they can affect people or pets. While these diseases may occur in fairly high rates in coyotes, they are rarely transmitted to people or pets because of low pathogen survival rates in the environment, or because the coyote may be a "dead-end" host. Coyotes are also known carriers of mange, heartworm, and rabies.

The Cook County Urban Coyote Research Team study located accounts of 142 coyote attack incidents, resulting in 159 human victims. These attacks took place over a wide geographic area, including 14 states in the U.S. and four provinces in Canada. Most attacks, however, occurred in the western U.S., with almost half of the attacks occurring in California and another large portion (14%) occurring in Arizona.

San Francisco's coyote population is getting out of hand. It is time for citizens to contact their district Board of Supervisors representative to develop a workable plan to protect people and their pets from

George Wooding, Midtown Terrace Homeowners Association

Leases (Cont. from p. 1)

owners, property managers and all other that the Chronicle's article "New tenants' in the October 10, 2015 Bay Area Section. Shame on you.

The article reported, "Earlier in the tenants' rights lawyer, might veto the legislation. While allowing it to become a law, Lee wrote to the Board of Supervisors that he was troubled by a provision allowing tenants to take on more roommates than their lease allows. Tenants still could not take on more than allowed by the city's fire code." It further noted, "Lee also criticized how the legislation was drafted, saying the concerned that he looked the other way and let it pass.

Keep in mind this is the same Ed Lee who stated in an interview on November 17, 2013 with the New York Times, "I used to brag that I can hold up an eviction - even a whole, you look really dumb on this one. if the landlord had legal rights, I could hold it up for a year."

As you read in many newspapers such as the Chronicle, the District 3 Supervisory

race will determine the balance of power on the Board of Supervisors. If the current real estate professionals. It is so important District 3 Supervisor Julie Christensen, appointed by Mayor Lee, wins, then rights allowed to become law appeared on moderates maintain control. But if forthe bottom of the fourth page in small print mer Supervisor Aaron Peskin wins, then the progressives, including our District 7 Supervisor, will control the Board.

The good news is, our District 7 Superweek, it looked like the mayor, a former visor voted against this legislation. The bad news is he is still part of the progressive vote which primarily votes against the voice of our neighborhood. For example, he voted against an increase in police as the neighborhood wanted. You are the voice of the neighborhood Mr. Yee, so speak on behalf of District 7, not on behalf of Supervisors Mar, Kim, Campos and Avalos.

The provision to allow tenants to add process didn't take into account the con- roommates at will is bad legislation which cerns of the property owners." He was so doesn't take into account the property owners, property managers, or the effect on other tenants in the buildings. Not to mention it is illegal if there is a written lease agreement.

For a group of educated legislators, as

John Farrell Broker/Realtor® - Farrell Real Estate, MBA, Former City Assistant Assessor-Budget and Special Projects, 5th Generation San Franciscan, Westside resident



November 2015

On the lookout for El Nino...with the promise of a strong El Nino, we are all keeping our fingers crossed for heavy doses of rain and a good snowpack in the Sierra this year. The effort led by SPUR to plan for a changing San Francisco coastline could face a major test this winter if predictions of heavy El-Nino-

driven storms come to pass. Ithat would protect threatened beach and strengthening the eprevious big storm seasons, the ders, called revetments, to arrito the beach and can even accommod dismayed environmentalist the ire of the California Coast

sion. With a plan in place, the city is looking to weather the coming winter with less intrusive measures, and is now seeking the commission's approval on possible emergency measures in advance.

When last year's El Nino fizzled, Ocean Beach and other eroding coastlines were (generally) spared the kind of punishing coastal storms that drove dramatic erosion in 1997 and 2010. This year, a strong

El Nino has developed, and the National Oceanographic and Atmospheric Administration is putting the chances of it persisting through this winter at greater than 95 percent. Press has generally focused on the high likelihood of a badly-needed wet winter

This year, a strong El Nino has developed, and the National Oceanographic and Atmospheric Administration is putting the chances of it persisting through this winter at greater than 95 percent.

tial for flooding and mudslides, as the parched and fire-ravaged state is subjected to downpours. Less has been written about the potential for coastal erosion that can accompany winter storms. At Ocean Beach, the prospect of a stormy winter puts coastal managers on notice as they work to enact the new, more adap-

tive approach recommended by the Ocean Beach Master Plan. The City of San Francisco has submitted a coastal development permit application to the California Coastal Commission for a series of softer coastal protection measures, including sand placement and sandbags, should winter storms result in rapid erosion. Both measures have been used before but have never been cleared in advance as a toolkit for adaptive action.

SPUR, the city, the Golden Gate National Recreation Area, and Coastal Commission staff all agree that these softer measures are far preferable to the boulder revetments placed after previous storms. The goal is to prepare proactively instead of waiting until damage is occurring and then using an emergency permit, the kind of reactive approach that was typical a decade ago.

Unfortunately the existing revetments are not properly permitted, and without resolving that compliance issue, it's tough for the Coastal Commission to issue any permit to the city — even for actions it supports. The permit proposed for this winter tackles this issue by committing the city to a timetable for returning with a permit for

a longer-term solution that was introduced in the Ocean Beach Master Plan, but is still several years from being fully engineered. City and Coastal Commission staff members are busy preparing the permit for review at the commission's November meeting. If all goes well, this permit would put the city and the Coastal Commission on a new, collaborative footing, ready to tackle the challenge of a changing coast in time for this year's storm events.

(Be sure to read Steve Lawrence's opinion piece on the coming storm and the outlook for major damage on page 5.)

Lemonade of West Portal - as reported last month as an "interest," it has been confirmed that Los Angeles-based Lemonade, a fast casual chain that, in

the words of its marketing department, is "part lemonade stand, part grade-school cafeteria," is going to set up shop in the former La Boulange space at 16 West Portal Avenue. In fact, a community meeting was held on November 5th at the West Portal Playground Community Room about the proposal. (Too late for this issue).





Manor Coffee Shop... the venerated Manor Coffee Shop has been sold to new ownership and is slated to be closed in the near future for renova-



tion and transformation into "The Manor." The new owners, The Manor Social Club LLC, have applied for the transfer of the alcoholic beverage license and will be undertaking the remodel in the near future.

Paradise Pizza and Pasta... we have also heard that Sal Alioto, the long-time proprietor of Paradise Pizza and Pasta, is retiring and is entertaining multiple offers for the site. The pizzas are wonderful, and claim to have "the best crust in the city...and possible the world," but the pasta is simply the best outside of Rome... Get there while you can!

Soon to open... there is good news on the horizon, as long time favorite Vin Debut is moving ever closer to its reopening after the devastating fire. And it also looks like the long-drawn-out remodel and renovation of Joe's of Westlake is in the home stretch as the new date for re-opening is set for January 2016.

Playground redux... SF Rec and Parks has reached out to many people and groups in trying to "re-vision and re-imagine" the parks across the City. One of the conceptual portfolios is from NatureScapes and shows the broad scope of multi stages of play areas that can be incorporated into a re-visioned and revitalized West Portal Playground.



Hopefully, everyone can come together to make this design (or a similar one) a reality. Take a look at the layout and it demonstrates how "something for everyone" can be realized in the park: www.westportalplayground.com/

Do you have any information, news, or other tidbits that you would like to share with the neighborhood? Just drop a line to me at: mitch @westsideobserver.com



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L'ARAVAL ST'ATION Crime Report

is here and we are all approaching the time of year when everything seems to get really busy. Once Halloween is over, we all shift very quickly into



the holidays. During this time, please take the time to plan out your days. I know we can all sometimes find ourselves in a rush and this can cause serious traffic collisions within our community. We ask that you please slow down when driving and pedestrians please travel safely through our district as well. With the holidays, comes a high increase of package deliveries to your homes. We also see a high increase of criminals who will steal your packages off your front steps. We recommend when ordering on line, that you request a signature when packages are being delivered. Also be good neighbors. Talk to your neighbors if you are expecting a package. Let them be your eyes when you are not home to receive a package. It is common that a criminal we follow a block or two behind delivery trucks and pick up the packages after they are delivered and left unattended. If you witness this type of criminal activity, call 911.

When utilizing 911 or the non emergency 415-553-0123, please take the time to describe to the call taker the incident you are experiencing. The call taker has not experienced the incident you are calling about and the more information you can give, the better the officers of Taraval Station can serve you. In cases when an incident may change and has become more urgent, call again. For lower priority calls, i.e noise complaints, homeless concerns, if you feel there has not been a response by officers in a reasonable amount of time, call again. Finally, when making a complaint for a quality of life issue, if you wish to speak with an officer, let the call taker know. This will ensure the responding officers make contact with you before clearing the call for service. Finally, if you have an ongoing complaint or concern within your neighborhood, please contact Sgt Kevin Mannix or myself. This will allow us to evaluate the situation and develop an enforcement plan specific to you concern.

Recently, the City and County of San Francisco launched the SF311 Mobile App. "The SF311 Mobile app lets you submit a number of service requests quickly and on the go where ever you happen to be in San Francisco."

The SF311 app lets you submit the follow types of service request:

- Abandoned Vehicles Graffit
- Illegal Postings
- Street and Sidewalk cleaning
- Streetlight Repair
- Blocked Sidewalk or Space
- Damaged Public Property • Litter Receptacles
- Sign Repair Street/Sidewalk Defects
- Tree Maintenance.

To get started download the SF311 app to your smart phone and click the "New Request" icon.

Last month Taraval Station experienced significant member movement during promotions of Sergeants and Lieutenants, as well as a number of officers. We are thankful to have increased our officer staffing by 10 percent and also increased our number of sergeants assigned to Taraval Station. With this increase in staffing came an increase in the number of officers deployed to work at night. We also gained Sgt Ryan Crosby to lead our TNT unit. I am very pleased to welcome the below members to Taraval Station:

Lt. Martha Juarez, Lt. Richard Goss, Lt. Ed Delcarlo, Sgt. Mark Yesitis, Sgt. Wagganmann, Sgt. Ryan Crosby, Sgt. Rene Nielsen, Sgt. Eric Lau, Sgt. Oscar Barcena, Off. Sean Cody, Off. Dennis Hoang, Off. Eric Berreneche, Off. Lars Nelson, Off. Anthony Gomez, Off. Nathan Lim, Off. Ricardo Ramirez

In closing, as always, please join in the conversation and my monthly Captain's Community Meeting which takes place on the third Wednesday of each month.

NOTE: Not all crimes are reported in the weekly reports—this is a truncated version.

Tuesday 9/1

Battery - Cited

2:41 pm | 100 West Portal Ave

A victim stated that she was walking down the street when suddenly a suspect hit her once behind the head and continued walking. The victim pointed out to where the suspect was. The suspect was cited.

Thursday 10/1

Battery

7:17 am | 15th Ave & Kirkham St

A victim was walking on the steps of 15th Ave, when the suspect, who was working out, told the victim to move over. When his dog yelped in pain an argument ensued and the suspect grabbed the victim by his neck. The suspect eventually ran up the stairs and fled the scene.

Suspect – white male :: 55-60 years :: 5'10" tall :: 200 lbs :: brown hair

Exhibiting a weapon - No Drivers License Issued - Methamphetamine Offense

9:42 pm | 1200 19th Ave

A victim said that he was getting gas when the suspect backed into his vehicle. The victim caught up to the suspect's vehicle and knocked on the passengers window. glary. The responding The passenger then took out a gun. When officers were called, they located the vehicle, its driver, and the suspect. It was only a BB gun, but a computer check revealed the driver had no license but did have methamphetamine. both the driver and passenger were cited.

Wednesday 10/7

Robbery - Possession of Stolen Property 12:20 pm | 800 Head St

A vehicle pulled up next to a victim walking on the street. The suspect got out of the passenger seat and pointed a knife at him. When officers broadcast a description, officers from the Bayview Police station detained matching suspects, located the victims' property. The suspect was arrested. One suspect is still outstanding.

Friday 10/9

Assault

11:59 pm | 46th Ave & Judah St

An employee said that the suspect walked into the store while yelling nonsense. The victim escorted the suspect out of the store. Suspect tried to punch the victim but missed. Victim punched the suspect in self-defense, who picked the victim up and threw him, head first, on to the ground.

Suspect – white male :: 35-45 years :: 6'00" tall :: brown hair.

Sunday 10/11

Robbery - Vandalism

5:39 pm | 1200 9th Ave

The victim was trying to park in his garage but a suspect blocked him. After a heated argument the victim started to film the suspect, who grabbed the phone and threw

it on the ground before driving away. Suspect - Hispanic male :: 20-25 years :: 5'9" tall :: 190 lbs :: brown hair

Burglary - Shooting

8:04 am | 100 Broad St

Officers responded to a report of a shooting. Officers arrived on scene and determined a business had been burglarized and a shooting had occurred.

Monday 10/12

Attempted Robbery

2:59 am | 1600 Lincoln Way

The intoxicated victim told officers he refused to comply with suspects who wanted his car and was struck by a suspect's bb gun. Then all the suspects fled into the park.

Tuesday 10/13

Robbery

5:18 am | 1200 Ocean Avenue

An employee said the suspect came from the back door, pointed a gun at the victim and demanded money. The victim gave the suspect some money and the suspect exited the store to an unknown location.

Suspect - Black male :: 30-40 years :: 6'1" tall :: 180 lbs :: black hair

Burglary - Opiates - Arrested

8:36 pm | 1200 21st Ave

The victims were taking the garbage out and noticed the suspect inside their storage area. They saw that many of the storage area's cabinet doors were standing open and numerous items strewn on the floor. Searching the suspect, officers found opiates on his person. He was arrested.

Sunday 10/18

Theft - Battery

9:35 pm | 19th Ave & Winston Dr

The victim felt her cell phone being tugged at. As she turned around she noticed the suspect who said she tripped-wasn't trying to steal the phone. The victim took a photo of the suspect. The suspect punched the victim a several times in the head.

Monday 10/19

Carrying Concealed Weapons Lost **Property – Probation** Violation

12:50 pm | 100 Majesteic Ave

witness observed a possible auto burofficer recognized the suspect from previous police contacts inside a white Honda

that was identified as stolen. The suspect carried items used for burglary or stealing cars and a concealed steak knife. The suspect was arrested.

Friday 10/23

Indecent Exposure

12:53 PM | Holloway Ave

An officer was flagged down by a party who identified an indecent exposer. The suspect who denied any act of Indecent Exposure. A computer check later revealed previous counts of Indecent Exposure violations. The officer then took the suspect under arrest.

Monday 10/26

Possession for Sale - Arrest

4:35 PM | 147 Victoria St

An officer was on patrol in the area when he observed the rear light lamp of the vehicle next to him was out. The officer conducted a traffic stop and a computer check revealed that the driver was on probation. After a search of the individual and the vehicle; the officer found what was later determined to be narcotics which seemed to be intended for sale. The driver was arrested and taken into custody.

Thursday 10/29

Robbery

12:38 pm | 200 Winston Dr

Officers responded to a report of a robbery. The victim told the officers that she had just deposited the business' money when the suspect came towards her. The suspect pointed a pocket knife at her, grabbed the deposit bag and ran away.

Suspect – Black male :: 29 – 31 years :: 5'4" tall:: 150 lbs:: black hair.

Friday 10/30

Robbery

11:49 am | Buckingham Way & 19th Ave The victim said that he had his wallet out and was trying to put a card in when the suspect came from behind, pushed him onto the ground and stole the wallet.

More reports: taraval.org



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Next Taraval Community Meeting: Wednesday, Nov 18, 2015 7 pm – 8 pm

at Taraval Station Community Room / 2345 24th Ave SF

Lake Merced Remediation (Cont. from p. 1)

the high levels of contamination led to lead shot being banned for use, replace by steel shot. Eventually, the City of San Francisco moved to close the facility and negotiated a remediation plan to scrub the site of contaminants. When lease expired on April 8, 2015, the site was closed as a shooting range and the cleanup process was started.

On October 21, the SF Public Utilities Commission and Recreation and Parks Department held a joint meeting to provide the community with an update on the site construction and remediation at the location previously occupied by the Pacific Rod and Gun Club, and discuss potential uses for the site.

The site is under the oversight of the San Francisco



Regional Water Quality Control Board (RWQCB). Currently the removal of contaminated soils and backfilling of excavated areas with clean fill material is underway and will entail the excavation and appropriate offsite disposal of up to 46,500 cubic yards of waste and is expected to take up to 15 months. The remediation project was assigned in June 2013, when the RWQCB issued Cleanup Order No. R2-2013-0023, requiring the

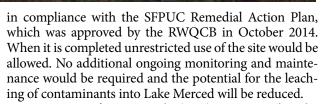
remediation/cleanup of upland soils and additional investigation of in-lake sediments.

The SFPUC completed the required environmental review on the soil Remedial Action Plan and adopted the Final Mitigated Negative Declaration in the fall of 2014. Following a bid and award process, the construction contract was awarded to the ERRG Inc.

targeted to be completed by February 2016. As of October 2015, cleanup work at this site is approximately 70% complete. Due to the discovery of additional buried contaminated soils, clay target debris onsite and in excess of previously anticipated amounts, excavations in some portions of the site have extended up to 11.5 feet below the Board of Supervisors. surface.

The site remediation is expected to achieve the highest cleanup standards to minimize the risk of human exposure to elevated concentrations of the contaminants



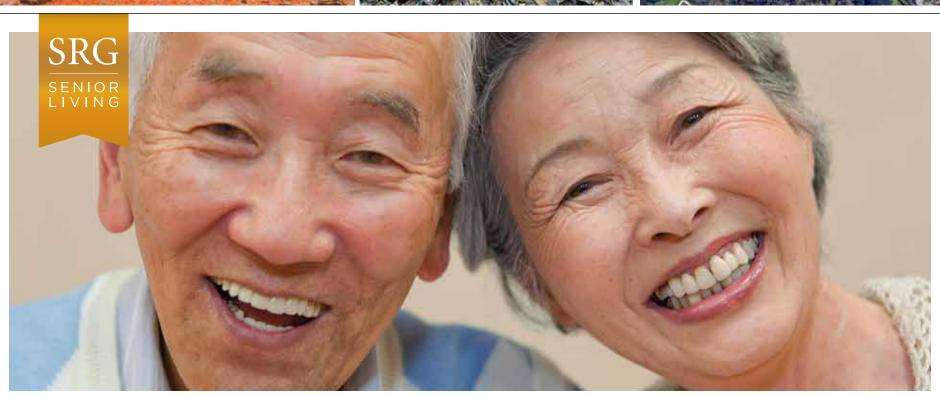


A Request for Proposals (RFP) is expected to be Site remediation work began in May 2015 and is issued in early 2016 by the Recreation and Park Department to help determine future uses for the site. All proposals for future uses are subject to Environmental Review and must meet a recreational purpose and protect the watershed. A final lease will be subject to approval by the Recreation and Park Department and potentially the

> For more information about Lake Merced West and to keep apprised of updates, please visit bit.ly/1MrBanH.







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CIRCUE DU SOLIEL / ODYSSEO • THU NOV 19 - SUN DEC 13 • AT&T PARK

Odysseo - a veritable revolution in live performance—touring under the world's largest big top since fall 2011.

The world's largest touring production, Odysseo marries the equestrian arts, stage arts and high-tech theatrical effects at never-before-seen levels. It is a feast for the eyes that succeeds in delivering the spectacular with soul. Audiences of all ages are rediscovering with emotions the century-old relationship between human and horse.TICKETS - Tickets are priced from \$44.50 to \$154.50 + tax now on sale online at www.cavalia.net or by calling 1-866-999-8111.



POLITICS IN CIVIL WAR SAN FRANCISCO • TUE NOV 24 • 7PM

In the late 1840s, San Francisco's population skyrocketed from 800 to 30,000 mainly tent-dwellers. Theatres abounded, attracting John Wilkes Booth's famous g family. Southerners increased as war threatened, bringing daily dramas, duels, political ANTEBELLUM rivalries and heated disagreements over slavery, statehood, and the coming war.

Monika Trobits' illustrated talk will discuss the lingering presence in San Francisco of the antebellum and Civil War eras. She is the author of Antebellum and Civil War San Francisco and will have books available for sale.

St. Philip's Church • 725 Diamond Street (Elizabeth Street / 24th Street)

Farmers Market | Every Sun | 9 am-1 pm | Stonestown rear parking lot: at Stonestown Galleria (19th Ave @ Winston).

EVERY TUE · COMPUTER SKILLS

EVERY SUNDAY • FARMERS MARKET

Tue | 1:15-2:45 pm | Get help setting up email accounts, word processing & basic computer related tasks. Most Tuesdays at this time. Learn the basics of using a computer! Main Library, 100 Larkin St.

EVERY TUES • QUE SYRAH HAPPY HOUR

Every Tue Happy Hour | 4–8 pm | Que Syrah Wine Bar. Take \$1 off each glass, 10% off each bottle (consumed on site). 230 West Portal Ave 731-7000

EVERY THURS – NIGHTLIFE

Every Thu | 6–10 pm | The Academy of Sciences brings live music, science, mingling and coctails. GG Park \$12 (\$10 Members). calademy.org/nightlife.

JAZZ FRIDAYS @ THE CLIFF HOUSE

Every Fri | 7–11 pm | The Balcony Lounge at the Cliff House hosts jazz every Fri night. 1 Seal Rock. cliffhouse.com/home/jazz.html.

FRIDAY NIGHTS @ THE DEYOUNG

Every Fri | 5-8:45 pm | Music, poetry, films, dance, tours and lectures. Cafe: special dinner, no-host bar. Art-making children/adults. deYoung Museum, GG Park. deyoung.famsf.org/deyoung/fridays

FRIDAYS @ OFF THE GRID/FT. MASON

Every Fri | DJs 5-7:30/Bands 7:30-10:30 pm | Off the Grid: Over 32 food trucks and street food carts in a huge circle with a full bar and bands in the middle? That's a party! Ft. Mason Ctr. Two Marina Blvd.

TUE · DE YOUNG FREE DAY

Tue Nov 3 | 9:30 am - 5:15 pm | Art from the 17th -20th centuries, and native Americas, Africa, & Pacific. 50 Hagiwara Tea Garden Drive. Free first Tuesdays.

CIVIL WAR

SAN FRANCISCO

TUE • LEGION OF HONOR FREE DAY

Tue Nov 3 | 9:30 am - 5:15 pm | 4000 years of ancient and European art in the exquisite Beaux-Arts building in an unforgettable setting overlooking Golden Gate Bridge. 100 34th Ave. Free first Tues.

WED . HOLIDAY ICE RINK

Wed Nov 4 - Jan 3 | 10 am - 9:30 pm | The Holiday Ice Rink at Embarcadero Center opens each winter for nine weeks. Skate under the sun and stars along the waterfront at the largest outdoor rink in SF. Justin Herman Plaza, 4 Embarcadero Center/Ferry Bldg., \$11, Skate rental \$5. embarcaderocenter.com.

THU · AUTHOR DAVID TALBOT

Thu Nov 5 | 7 pm | The Devil's Chessboard: Allen Dulles, the CIA, and the Rise of America's Secret Government from the founder of Salon and the author of the NY Times bestseller Season of the Witch. Allen Dulles, who transformed the CIA into the most powerful and secretive colossus in Washington reveals the rise of the security state and the battle for America's soul. Bookshop West Portal, 80 W Portal Ave.

WED • GWPNA MEETING

Wed Nov 4 | 6:30 pm | Greater West Portal Neighborhood Assn meetings are open to all members and to the public, first Wed each Month. Playground Clubhouse, 131 Lenox Way. GWPNA.org.

THU · AUTHOR SIDNEY CHAN

Thu Nov 4 | 6:30 pm | The author talks about his new

PANAMA PACIFIC EXPO: FILM AND THE FAIR • TUE NOV 10 • 7:30 PM

Film Historian Miguel Pendás

The 1915 Panama Pacific International Exposition was one of the earliest events of its kind to be immortalized on film. The PPIE also took place at a time when the movie business was thriving in the Bay Area. Miguel Pendás will show us newsreel footage of the PPIE showing nighttime light shows, daredevil airborne acrobatics, and celebrities and officials making their pilgrimages to the grand event Fatty Arbuckle, James Rolph, Mabel Normand to celebrate the opening of the



Panama Canal and the rebirth of the city that had suffered the greatest urban catastrophe in the nation's history. We'll see San Francisco Mayor James Rolph taking comedy stars Fatty Arbuckle and Mabel Normand on a tour of the fabulous new City Hall then under construction, as well as Charlie Chaplin's Little Tramp filming in Golden Gate Park. Film historian Miguel Pendás will provide anecdotes with the film clips and will test the audience's knowledge of PPIE history with trivia questions.

Milton Marks Auditorium • 455 Golden Gate Avenue

Miguel Pendás is the historian of the San Francisco International Film Festival and a member of the San Francisco Museum and Historical Society's board of directors.

book, Lord of Ten Thousand Years on at the West Portal Branch Library. Light refreshments and book signing follows. 190 Lenox

SAT · 39TH ANNUAL SF OPEN STUDIOS

Sat-Sun Nov 7-8 | 11 am-6 pm | Last chance to visit artists in their studios during this citywide event, which is the oldest & largest open studios event in the country. Free, Various sites -861-9838, artspan.org

TUE · AUTHOR JULIE CHECKOWAY

Tue Nov 10 | 7 pm | The inspirational, untold story of impoverished children who transformed themselves into world-class swimmers in 1937. A schoolteacher on the island of Maui challenges a group of povertystricken kids to swim upstream against the current of their circumstance. The goal? To become Olympians. Bookshop West Portal, 80 West Portal Ave

SUN • VETERAN'S DAY PARADE

Sun Nov 8 | 11 am | Cessation of hostilities for WWI went into effect on the 11th hour of the 11th day of the 11th month. For that reason, Nov. 11, 1918, was the end of "the war to end all wars." The parade will be held on Sunday at Fisherman's Wharf, on Jefferson St., North Point to Leavenworth.

FRI-SUN • 15TH SF GREEN EXPO

Sat - Sun Nov 13-15 | 12 - 6 pm | Interested in living a more sustainable and healthier life? Wide selection of products and services to work green, play green and live green - from food, fashion and health, etc., live music and entertainment. Cow Palace, 2600 Geneva Ave, Daly City.

SAT · CHINESE SHRIMP CAMPS

Sat Nov 14 | Chinese Whispers: Bay Chronicles: at one time a thriving industry with 26 camps ringing SF Bay, the Chinese shrimp fishery disappeared by the midtwentieth century. The buried past and the concrete present poetically evoke a chapter of oppression and erasure in the historic Chinese immigrant experience in America. Fort Mason, Bldg E

SUN•6TH ANNUAL CHOCOLATE SALON

Sun Nov 15 | 10 am – 5 pm | Discover and taste the finest chocolatiers and confectioners products. 6th annual Fall Chocolate Salon. Gourmet & premium chocolate in one of the world's great culinary metropolitan areas Fort Mason Center: The General's Residence. Info-Tickets www.fallchocolatesalon.com

WED · WRITE AN HISTORICAL NOVEL

Wed Nov 18 | 7 pm | Spinning Facts into Fiction: Writing the Historical Novel. Where does the writer draw the line between truth and story? Patricia Bracewell, Shadow on the Crown and The Price of Blood explains. Merced Branch Library 155 Winston (at 19th).

WED · COMMUNITY SAFETY MEETING

Wed Nov 18 | 7 pm | Meet with Captain Denise Flaherty. 3rd Wed of the month. Taraval Station Community Room / 2345 24th Ave. 759-3100.

WED · MARCH OF THE PENGUINS

Wed Nov 18 | 6:30 pm | Follow an emperor penguin couple through a year of travel over ice documents their brave struggle to survive, as well as the close emotional bonds between the penguin families. West Portal Library - 190 Lenox Way- Popcorn!

THU · URBAN BICYCLING 101

Thu Nov 19 | 6:30 pm | The basics of biking in SF in partnership with Bike Share, a 1-hour course on rules

of the road, route planning and check out a Bike Share bike. Get \$10 off Bike Share membership, and a free helmet (while supplies last). No bike or experience -OK. Register: sfbike.org/edu. 1720 Market St.

SAT · INTERNATIONAL GAME DAY

Sat Nov 21 | 3 pm | Celebrati & play old-fashioned board games. Merced Branch, 155 Winston Dr.

SAT • INTERNATIONAL AUTO SHOW

Sat Nov 21 - Sun Nov 29 | 10 am - 9 pm | The 58th Annual Auto Show will offer an opportunity to see the new 2016 model vehicles from the world's major manufacturers, all in one place. Moscone Convention Center, Howard at 3rd St. \$10. sfautoshow.com

WED • TIS THE SEASON FOR SCIENCE

Wed Nov 25 - Jan 3 | From fast-growing antlers to dynamic diets and amazing migrations, reindeer adapt and thrive in Arctic environments. Live reindeer, indoor snow flurries, the Snowman & more programs & performances. Academy of Sciences, 55 Music Concourse - GGPark 379-8000. calacademy.org.

WED · SCROOGE IN LOVE!

Nov 25 - Dec 13 | 42nd St. Moon presents a world premier. What happens after A Christmas Carol? A year later, Ebenezer Scrooge's life takes a turn for the romantic -finding his lost love, Belle. Info & Tickets: 255-8207 / 42ndstmoon.org

FRI-SUN • WOMEN'S CRAFTS FAIR

Fri - Sun Nov 27-29 | 10 am - 5 pm | The 37th Annual Celebration of Craftswomen benefits The Women's Building, a multi-cultural community center serving women and girls. Over 150-juried artists. A unique opportunity to find gorgeous, one-of-a-kind holiday gifts, fine crafts, and contemporary art. Fort Mason Center, \$10/\$8 seniors. Kids Free. Info:415-350-3729 or craftswomen@gmail.com

MON · CENTRAL COUNCIL

Mon Nov 30 | 7:30 pm | West of Twin Peaks Central Council meets to discuss topics of interest to Westside residents. Meets the last Mon each month. Forest Hills Clubhouse, 381 Magellan Ave. westoftwinpeaks.ogr

MON · S.H.A.R.P / DR. JOHN MCQUAID

Mon Nov 30 | 7 pm | Thanks to researcher-practitioners like John McQuaid, PhD., medical science understands and treats depression and post-traumatic stress disorder (PTSD) better than ever. He co-authored a guide for laypersons: Peaceful Mind: Usina Mindfulness and Coanitive Behavioral Psychology to Overcome Depression. 1736 9th Ave (Moraga / Noriega).

THU · GLIDE HOLIDAY FESTIVAL

Thu Dec 3 | 5:30/7 pm Concert | LOVE MATTERS, the GLIDE Ensemble and Change Band, Valerie Simpson, Justin Vivian Bond, Youth Speaks and other special guest appearances. Proceeds to Mo's Kitchen and Glide programs. Pre-concert/intermission hors d'oeuvres and libations from finest SF restaurants and beverage companies. Warfield Theater, 982 Market St.

SUN · ASIAN ART MUSEUM FREE DAY

Sun Dec 6 | 10 am-5 pm | Every first Sunday is free at the Asian Art Museum (save \$12) -17,000 artworks spanning 6 thousand years. 200 Larkin St.

Local event? editor@westsideobserver.com **Priority: Westside Events**



A Bit of Ol' England Victorian London returns to the Cow Palace: Great Dickens Christmas Fair

re you ready for some tea and crumpets? Or perhaps something a bit livelier? Get ready, as a beloved Bay Area holiday Itradition, the Great Dickens Christmas Fair & Victorian Holiday Party returns to San Francisco's Cow Palace (2600 Geneva Ave.) on November 21 and continues for five weekends through Sunday, December 20, 2015, including the Friday after Thanksgiving from 10 AM to 7 PM.

mas Fair magically transforms is ever so much to eat and drink. over three acres of exhibition Feast on delicious foods from the halls into the marvelous rollick- British Empire and beyond, from ing world of Charles Dickens' London. Lively calls of street vendors ring out above the crowd and visit one of the five traditional mingle with the voices of holiday pubs to enjoy draft ales, wine, and carolers; tempting aromas of champagne, or wrap your hands roasted chestnuts and hearty around a hot buttered rum, Irish foods fill the air; enticing shops coffee, or hot toddy. You can also, overflow with one-of-a-kind Christmas gifts.

Originally conceived and created by Ron & Phyllis Patterson, Dickens Fair! the fair is now produced by **Kevin** and Leslie Patterson and Red mas Fair offers special activities, Barn Productions, with this games, and holiday entertainnext generation continuing the ment opportunities for everyone. family tradition of theatrical excellence, historical authenticity, and environmental theater. hand-powered Adventure Carou-And now the third generation sel; cheering and jeering at Punch of Pattersons, Kevin and Leslie's sons Andrew and Michael, work at the Mother Goose Parade, and together running Mr. Punch's taking tea with Alice of Wonder-Pasta, Maclaren's Cookies, and land. As well, there's the chance to inventive games and rides. A true meet characters from A Christmas family affair!

lanes of Victorian London, as the the great Charles Dickens himself! glow of twilight settles upon the In addition, youngsters can crecity, the scent of pine boughs & ate their very own Fairy Houses, freshly baked scones floats in the try their hands at being "printer's air, and the music and sounds of devils" with an actual 1860s printholiday merrymaking accom- ing press, learn to tie intricate pany your stroll. From highborn knots, sing sea chanteys, have royalty to denizens of the street, their hair French-braided, or crethe Fair teems with over 700 colate their own holiday gifts such as orful & iconic characters from the rolled beeswax candles and handimagination of Charles Dickens painted ceramic ornaments. and the pages of history!

"Our cast members wife Leslie Patterson, co-produces accessories, ceramics, handsome the Fair. "It will sweep you, heart drinkware, dazzling jewelry, toys, and soul, into a tradition of lively antiquarian books, and more. historical celebration that brings laughter, dance and delight to all who enter its gates. "

Seven stages will offer all types of entertainment, ranging House to join in the singing of from the family-friendly to the rowdy favorites and watch highdecidedly daring. Proper ladies kicking dancers take to the stage and gentlemen may choose to for the wicked "Can-Can Bijou." enjoy an opera gala, children's The immensely popular and shows, melodramas, music and scandalous "Saucy French Postdance. The more raffish might card Tableaux Revue" returns to prefer to carouse with can-can the Victoria & Albert Bijou Music dancers and salty sailors, or join Hall-with an all-new risqué the bawdy chorus at the infamous exhibition of beauty unveiled! Broadside Music Hall Revue.

staple of the Victorian times, and beguile and delight the adults in so it is again today! Bring your the audience. Admission to this appetite when you visit The Great

The Great Dickens Christ- Dickens Christmas Fair- there scrumptious savories to tempting handcrafted sweets. Then enjoy a traditional English high tea with scones and finger sandwiches—anytime is teatime at the

The Great Dickens Christ-Younger guests will enjoy meeting Old Father Christmas; riding on a & Judy puppet shows; marveling Carol, Oliver Twist, and Nicholas Fair goers can wander the *Nickleby*— and even to encounter

Find the perfect holiday gift revel in a wonderland of oneessentially the moving parts of of-a-kind artisan treasures. Over our magical time machine," says 100 beautiful shops will offer Kevin Patterson, who, with his fine crafts, romantic clothing and

The adult patrons will love to gather in the Bohemian absinthe bar for lively conversation, or at Mad Sal's Dockside Ale This immensely popular Twilight-Eating and drinking was a Hour entertainment is sure to



All locations for eat in or take out

arae Cheese or Repperoni

Goat Hill Pizza

Now At the Movies • By Don Lee Miller

BRIDGE OF SPIES

Back to the Cold War era of the Berlin Wall! Brooklyn attorney James Donovan: Tom Hanks is chosen by the CIA to negotiate a prisoner exchange with East Berlin. The US will return Soviet spy Rudolf Abel: Mark Rylance (brilliant support which is receiving Oscar buzz), recently sentenced to 45 years, for US pilot Francis Gary Powers: Austin Stowell, who was taking photos from 70,000 feet above Russian defenses, and an unlucky student trapped in East Berlin. (Powers' interesting story is underdeveloped.) Donovan cleverly keeps slipping in just one more little conciliation. His wife Mary: Amy Ryan supports him, even if she's not clear on his latest involvement. Attorney Thomas Watters Jr.: Alan Alda pops in and out as Donovan knocks one out of the ball park with his defense of Abel. ACT aficionados will recognize Judge Byers: Dakin Matthews. It's Spielberg's best directing in years! The screenplay by Matt Chapman with brothers Joel and Ethan Coen tightly follows Donovan and his various encounters. Definitely one of the top pictures this year! Some violence. Brief strong profanity.

BURNT

As Adam: Bradley Cooper tackles familiar territory; a decade ago he played a no-holds barred, volatile celebrity chef on the short-lived TV series Kitchen Confidential based on the memoir by celebrity chef Anthony Bourdain.

In Burnt, Cooper plays a no-holds barred, volatile celebrity chef attempting a comeback. Directed by John Wells and written by Steven Knight (The Hundred-Foot Walk) and Michael Kalesniko, they strive to examine trade. Starting in New Orleans, after being driven from Paris where he earned a couple of Michelin stars before becoming an enfant terrible, Adam is shucking oysters in a fish house. He convinces a restaurant in an upscale London hotel, run by an old pal Tony: Daniel Bruhl, to hire him as manager. He manipulates single mom-chef Helene: Sienna Miller (reteaming from American Sniper) with pulling allnighters. Adam flings food and tools while yelling and screaming. Dr. Rosshilde: Emma Thompson, his therapist, delves in to get to his demons and gives him weekly drug tests. Adam best relates to Helene's daughter Lily: Lexi Benbow-Hart. Burnt gets distracted by petty subplots, ignoring the opportunity to examine the psychological aspects and the control problems of the kitchen. Beautiful photography and exceptional editing score well. Profanity throughout.

PAN

Cont. p. 14

Who knew that Peter Pan needed a prequel? Or that it could be so badly done? The major spark of life is Blackbeard: Hugh Jackman in an oxygen-supplying performance when it's needed most. His life force is pixie dust. Wendy: Saoirse Ronan forgot everything she was exposed to on

The Grand Budapest Hotel by director Wes Anderson who supplied SR with the pink cupcake role (or is it

roll?) of Agatha. Wendy follows Hook: handsome two-fisted young Garrett Hedlund around with a love-sick countenance. The colorful sets and costumes provide the background for the story (forced through the blender!) with dialog, e.g., "So the boy is lost?" "Yes, he is a lost boy." Peter: Levi Miller is a refreshing youth, full of wonderment. The musical highlight for most will be Nirvana's dorky Smells Like Teen Spirit sung by a chorus of dozens of boy slaves. Only 111 minutes, it seemed like an hour longer. Fantasy action violence. Some thematic material. Profanity.

SICARIO

FBI agents, Kate: Emily Blunt, her partner Reggie: Daniel Kaluuya, and a SWAT team enter a Chandler, Arizona home and are sickened by a stench in the walls stuffed with tens of bodies, all with a plastic bag over the head. Rushing outside, they throw up. After two new men join the team, mysterious Alejandro: Benicio Del Toro and Matt: Josh Brolin, Kate is also invited. Expecting to find hostages of Diaz, the Mexican cartel leader, when they invade Juarez, Mexico, the bags of money they unwrap is bound by pink-blue wristbands. That night, some agents go to a western dance bar. Kate goes to the motel room of a guy she's just met. He's strangling her when Alejandro saves the dame. Kate starts smoking again when she discovers she and Reggie are being used to acquire the drugs. Her boss Dave: Victor Garber shows up in a few scenes. That's enough storyline of this action-filled drama with a high body count. Director Denis Vil-Adam's egomaniacal a-hole psyche, while show- laneuve keeps the pace taut and fast in Taylor Sheriing his meticulous dedication, obsession for his dan's screenplay. Strong violence. Grisly images. Profanity.

STEVE JOBS

The first of several proposed biopics and books about Steve Jobs hits the screen simply titled Steve Jobs. Both sides of his persona are presented by Oscar-winning director Danny Boyle (Slumdog Millionaire) as a dual-sided portrait, both narcissist bully to his employees and brilliant mind behind major inventions and innovations to the business world. Aaron Sorkin has adapted Walter Isaacson's 2011 biography, concentrating on product launches of three that are considered his most important: the Macintosh in 1984, the calamitous NeXT computer in 1988, and, lastly, the first iMac in 1998, this time returning to the company he co-founded with his friend from youth, Steve Wozniak: Seth Rogan. Boyle indulges his playful nature, using different film stocks (16mm, 35mm, and digital) to further entice the audience. Jobs: Michael Fassbinder (a sure Oscar nod) takes on the same six subords: his confidante/marketing exec Joanna: Kate Winslet (without glamour), Wozniak, weary of being No. Two, the chief programmer Andy: Michael Stuhlbarg, former Apple chairman John: Jeff Daniels, Jobs' ex Chrisann: Katherine Waterston, whose

At the Theater • Flora Lynn Isaacson

Into The Woods

nder Kim Bromley's brilliant direction, the Novato Theater Company branches out with the Tony Award-Winning James Lapine's excellent book and Stephen Sondheim's exciting music and lyrics with Into The Woods. This musical interweaves

the plots of several of The Grimms' Fairy Tales, and follows them to explore the consequences of the characters' wishes and quests. The main characters are taken from Little Red Riding Hood, Jack in the Beanstalk, Rapunzel, and Cinderella. This is tied together by an original story involving a childless couple (the Baker and his wife), their quest to begin a family, and their interactions with other story-book characters during their

Kim Bromley guides her large and talented cast of 16 actors deftlyFlora Lynn Isaacson through the overlapping story line of Little Red Riding Hood, Jack in the Beanstalk, Rapunzel, Cinderella and the childless couple, who must undo a witch's curse.

Each player has shining moments. Exceptional performances come from Daniela Innocenti Beem as the Witch who undergoes an amazing transformation into a beautiful woman; Alison Peltz as the Baker's Wife; Julianne Thompson Bretan as Cinderella; Susan Zelinsky as Cinderella's Step-Mother; Johnny DeBernard, as the narrator and the mysterious man; Robert Nelson, as Jack; and Anthony Martinez as the Wolf and Cinderella's Prince.

Musical direction by Andrew Klein, from his deep understanding of Sondheim's music and the characters, gives this production a depth almost never seen by Director Kim Bromley with this material. Associate Musical Director Debra Chambliss also made a significant contribution to the interpretation of the score. The evocative set design by David Shirk, and innovative costumes by Janice Deneau and Marie Meier create just the right tone of both whimsey and mystery. Alison Peltz (the Baker's Wife) was also responsible for the exceptional choreography, which made it possible to appreciate every word of the cast's nimble delivery of Sondheim's crisp lyrics and Andrew Klein's outstanding music direction of the rich score.

Into The WWoods continues through November 22nd at Novato Theater Company Playhouse, 5420 Nave Drive, Suite C, Novato 94949.

Performances are Fridays and Saturdays at 8:00 p.m. and Sundays at 2:00 p.m. Order tickets online up to two hours before performance times at www.NovatoTheaterCompany.org (print out your ticket from the confirmation email). If you are unable to print out your ticket, your name will be on a list at the Box Office at your scheduled time. The Box Office opens at 7:00 p.m. on Friday and Saturday; and at 1:00 p.m. on Sunday. Info: 415-883-4498

You may purchase your ticket at the Box Office by cash or check on the date you attend. Credit cards are not accepted at the Box Office.

Coming up next at Novato Theater Company will be A Midsummer Night's Dream by William Shakespeare, adapted and directed by Clay David from Jan 29 - Feb 21.

Movies (Cont. from p. 13)

daughter Lisa (at 5, 9 and 19) gains prominence with Jobs' acknowledgment of his paternity. Don't expect full enlightenment, be happy with great entertainment. Profanity.

TRUTH

Dan Rather: Robert Redford reports the scoop in 2004 on George W. Bush's rushed acceptance into the Texas Air National Guard to keep him from serving in the Korean War in 1954. There was immediate criticism of the authenticity of the source documents. As the fiery producer of 60 Minutes II, Mary Mapes: Cate Blanchett turns in her second Oscar-worthy performance this year (the other being as Carol). The large cast includes: Mike Smith: Topher Grace, Lt. Col. Roger Charles: Dennis Quaid, Lucy: Elisabeth Moss, Lt. Col. Bill Burkett: Stacy Keach, Andrew: Bruce Greenwood, and Lawrence: Durmot Mulroney. Rather and Mapes are both fired by CBS. Her book is the basis for this film. Profanity. A brief nude photo.

Dickens Fair (Cont. from p. 13)

quickly. Guests must be 18 or older.

The Great Dickens Christmas Fair has been directed and produced each year by the Patterson family, for more than three decades creators and producers of the world's original Renaissance Faires at Black Point Forest in Marin County and in available at the Box Office for \$25 for the 20-29; for parties of 30 or more, info:

first 3 weekends and \$30 for the final 2 attraction is free, but you must request weekends; at \$12 for Children ages 5-12; tickets upon arrival at the Fair; they go and wee ones under 5 are free. Tickets are fully transferable.

A Tip from Scrooge: Print-at-home discount tickets are available at www.dickensfair.com Season Passes are available online for \$90 (a \$295 value!); and Twilight Special tickets (good after 3:00 pm daily, available only at the Box Office) are Southern California. Ticketing: General \$15 for adults and \$8 for children ages Admission tickets (age 13 and up) are 5-12. Group rates available online for

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Info: (800)510-1558 x 114 or visit www. dickensfair.

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Interview

Dr. David Watts

A New SF Based Mystery!

By Linda Ayres-Frederick

t isn't often that you get a page turner that will tempt you to keep reading even while sitting in traffic--not since Shogun first came out.

If you like to read mysteries (and who doesn't?), local writer Dr. David Watts has so succeeded in his first venture in the medical mystery genre, it makes you want him to write a sequel right now and get them both on screen as soon as possible. The Lucifer Connection is set in San Francisco during the 1967 Summer of Love. And suddenly there's a murder so ingenious it just looks like an unfortunate outcome of a common malady. And that's how Jack Barnasone, an unsuspecting doctor, gets caught in a web of evil that threatens to take him down before he can solve the mystery.

Watts' own medical background with all to students at the Fromm Institute. Etc. the truth and wisdom of that experience. Etc. When I first started writing I thought The Lucifer Connection is not just histori- I could just sit down and spew out a good cally accurate, but rich in poetic detail that takes the reader back to the era without sticky nostalgia as it twists and turns like the best scenes in a great noir film. It's such this) is not to think so much about that a blast to know the streets Watts describes aspect of the process but to concentrate in rich visceral detail, and walk down them on peeling away the disguise, the cloakwith the variety of strongly drawn characters that you are hoping and wondering rious movements of the human spirit. It's will escape their dangerous challenges. In the interview below Dr. Watts talks about them so interesting and getting it on the the writing of the novel and other life experiences.

LAF: What inspired you to write this novel? ments are you most proud of?

David Watts: I had a little chunk of renegade doctor who gets caught up in a web of evil and has to work his way out. It had all the elements I love most and, I thought, might be appealing to a wide audience. I pictured it mentally as a visual experience filled with images that would be suitable for the big screen just in case it was successful enough. After I finished the first draft in a six-week all-out effort, I just couldn't stop tinkering. I knew there *career?* was a pretty good story hidden in there somewhere and I had to tease it out, had to get it to the point where I, myself, would want sit down and read it. That's the acid test right there.

LAF: What do you love most about writing? DW: Discovery. You learn so, so, much. Here's the deal. You pick a setting and a time you love and put characters into it that are quirky, interesting, full of surprises, have strengths and weaknesses and then. . . you throw something really awful them tick, what makes humans in general tick. That's when you learn about human nature, its resourcefulness, its flexibility, something that works for the situation at

what they would do in this situation they That's the best stuff. were facing and get a pretty good answer. LAF: When did you first begin writing?

DW: Writing seriously? In the midtimes and instinctively thought that writing would teach me what was affecting me LAF: Who are your heroes? so. It was poetry I started with and although I wrote mostly schlock that no one would dare publish, the process worked to give me more insight, more understanding. I I still consider my epicenter in the writing world) to radio commentary, to short stobetter. Sharon Olds says if you love poetry long enough it will love you back.

LAF: What do you consider to be your to be remembered for, what would that be? strengths as a writer?

DW: Insight. I've done the dues complicated life we lead. State, attendance at the Squaw Valley



Protagonist Barnasone makes use of Community of Writers. Teaching poetry piece of literature. How naïve. I was missing the tools. So I went back and got some. What the craft allows (if I'm right about ing we all wear and revealing the mysteall about people. Getting into what makes

LAF: What of your professional accomplish-

DW: Balance. Maybe it's a bit bizarre time in an impossible schedule one August but I feel so centered being able to have and I decided if I ever was going to write a a really great practice of medicine and at novel it would be now. I asked myself what the same time play music in a first-rate would excite me most and came up with 1. orchestra, teach poetry to an enthusias-A mystery novel, 2. San Francisco, 3. The tic audience, invent a medical instrument Summer of Love and 4. an outside the box, for gastroenterologists, and raise a really wonderful family. Upon that wide base of experience I am able to see more clearly into the kinds of interesting personalities that make for good literature. As you may suspect, this knowledge also works well in the efforts to help patients find their personal path to health and healing.

> LAF: What have been the most challenging experiences you've had in your

> DW: Trusting my instincts. Being able to move my career from straight academic medicine to clinical medicine where my talents were better suited. Being unafraid to be a television and radio host while I kept my practice going, all things which raised a few eyebrows but by then I knew that to "follow your bliss" meant having the courage to take a few chances.

> LAF: When you run out of ideas, if ever, where do you seek inspiration?

DW: Never run out. Stafford said he at them. Only by forcing them out of their never got writer's block, he just lowered comfort zone do you learn what makes his standards. What that means to me is to shut down the "editor," the internal, critical voice that says, "you can't do that." We are all creative but most of us keep it its ability to fail and start over to innovate under wraps. For me, if things get slow I just move into a nonlinear zone in my head and let surface whatever will. That's I got to know my characters really, when creativity of the kind that seems wild llv well. I even felt I could ask them but strangely authentic comes to the page.

> LAF: Who would you say has helped you the most professionally? Personally?

DW: My wife, Joan. Without her eighties. I was going through some tough unflinching support I would be confined

DW: The ones who keep writing good work without much recognition.

LAF: If you were to give advice to someone wanting to be a writer today what words of was hooked. I moved from poetry (which encouragement and/or warning would you offer him/her?

DW: Get your craft in place. Then ries, to essays (which I never in this world reach deep into yourself for the hard thought I would write), and then finally truths. Have the courage to say what you to a novel. The writing eventually did get think and keep pushing when the resistance to your work inevitably comes up. LAF: If there were one thing you would want

DW: Adding a human touch to this

work: writing courses at San Francisco LAF: If you weren't a writer/physician, what

Cont. p. 19

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Second Thoughts • By Jack Kaye

Making Lives Matter

here has been talk lately about making lives matter. Community members outside St. Louis rioted for more than four months when a young man was killed while attacking a police

officer who had stopped him for committing a strong-arm robbery. The people were mad and showed their displeasure by looting and destroying local businesses. They began a campaign saying black lives matter.

So how do we make lives matter?

ning - family planning. Today, half of all organization/ karma/ entropy. Rioting for pregnancies in America are accidental and 40% of them are aborted. This is no way not make life matter. It makes life seem to to make lives matter. Children should be have little or no meaning. planned by couples who are committed to each other and are willing and able to raise raise our children with an accepted value their children responsibly together.

Parents need to

Parents are responsible for providing a be told the whole story as importantly, ensuring that each child gets the best embellishing it, sensationalizement, but also as an end. education at school ing it, or leaving out imporimmediately and not without emotion. allowed to worsen.

ing that our children get the education situations; that they refrain from targeting they need and deserve. Teachers should certain groups; and that they use deadly know their students' strengths and weaknesses, and students should have the help they need to get the very most out of their educational experience, which in turn will help them develop throughout their meaningful lives. Society is also needed to provide adequate and available medical coverage and facilities to prevent or deal with the onset of potentially serious conditions.

The idea introduced by the President to extend public education to community college, adding two years to the K-12 series, could be a great benefit. It would give students more applied knowledge and skills that could lead to meaningful careers which provide needed revenue for a comfortable life, and help make life matter for the individual and for all those affected by the graduate's work. This idea ter by being more concerned about being has been practiced in Europe for more

For those who want to go to a four year college, the extra two years of public school could also be used to take all the general education courses required by four year colleges. Students could then enter college as juniors with only two years until graduation, taking mainly courses for their major and minor, plus courses they take as electives. This would greatly reduce question whether or how much our lives college costs, enable students to graduate sooner, and would probably enable more students to actually complete college.

special talents are and can find ways to apply them for personal and public good. This helps us feel a part of our community, society, culture and world, not apart from it. People who feel a part of their environment don't riot to destroy it. They work to

The Jewish belief is that we were created in an unfinished, seemingly imperfect, world so that we could live our lives to heal the world (tikkun olam). This pursuit gives our lives meaning.

The challenge according to Eastern religion is to overcome the negative effects of past karma, what we experience as entropy, without creating more. So destroying lives and property to protest loss of life or property is to only prolong

and deepen the problem leading to the I think that it starts before the begin- suffering by creating more disorder/ dismonths and destroying businesses does

> I believe that it also is important to system which includes being honest, con-

sidering the needs of display positive role models for their children by living lives that reflect integrity

Tachits field to slice state of others, being dependable, maintaining a clean and neat appearance, being non-vioconsideration role to play in making our lent, treating figures of - lives that matter. lives meaningful. We need to authority with respect, clean, safe and nur- clearly and concisely as pos- everything and treating turing environment, sible without editorializing it, everyone not only as a

Society has an and at home. Any tant parts. Reports should be obligation to provide health issues that arise should be dealt with objective and be presented a safe and just envisorment for all of its people. This includes

ensuring that all police officers are well-Society is also responsible for ensur- trained in de-escalating potentially violent force rarely, and only as a last resort. A just environment includes efficiently and effectively enforcing laws, and prosecuting violations fairly and without bias.

> I think that the news media have a significant role to play in making our lives meaningful. We need to be told the whole story as clearly and concisely as possible without editorializing it, embellishing it, sensationalizing it, or leaving out important parts. Reports should be objective and be presented without emotion. This kind of coverage would not only provide us with needed information about what is happening around us, but it also could provide us a model for viewing, understanding and describing our environment - our context. This would help us make life matter.

> As adults, we can make our lives matable to take pride in our efforts rather than in our ancestry, affiliation, or preferences. What we do is a better reflection of who we are than our names, group memberships,

> Society has a role to play to ensure that there are enough jobs for people who need them, and that working people are paid a fair, living wage. Not earning enough to enjoy the fruits of our labor can make us matter.

I think that life matters when we feel free to express ourselves, and also free to Life matters when we know what our keep certain information to ourselves. Our private lives should remain private and not be exposed to invasion or exploitation. When we choose to express ourselves, we can do so thoughtfully and with consideration for the audience. Why waste words on someone who clearly does not care? Why say things that would hurt the listeners by making them feel inadequate? Why bear false witness only to make truth and life have less meaning?

> If life is to matter, we need the individual, the family, and the community to take responsibility for its maintenance and refinement.

> All lives matter as long as we each behave as though they do.

Feedback: kaye@westsideobserver.com

www.westsideobserver.com

Do you have a pinched nerve? We can help.

and terrorists combined...But we'll get to that have any interference. With chiropractic, in a minute.

Let me start by explaining the photo in this letter. You know when I meet people in town they usually say, " Oh yeah, I know you, you are Doctor Meakim. You have been on the corner of Beach and Jones for years..... "Well, that's me. I'm also the woman hugging her niece at the jersey shore in the picture.

17 years ago something

happened that changed my life forever. I was their pinched nerve problems. a young woman living in Philadelphia when it happened. I was driving with a friend when she missed a stop sign and rammed into the side of another car. We were all shaken up. The police were called and we all went to the hospital. No one was bleeding, so the doctors took some x-rays of our neck, gave us pain meds and sent us on our way. The next day I woke up with pain everywhere and it just kept getting worse. For years I tried everything that I could find. For an escape from the pain, I went to medical doctors, physical therapists, acupuncturists, I tried special pillows, and anything I thought might help. I spent a lot of time and money. Along the way I had two more car accidents and the developed fibromyalgia, neck pain, mid-back pain and low-back pain with tingling and numbness down my right arm and leg. I was scared that something was really wrong with me. This could not be normal. I was only 33 years old and felt like I was 100. That is when someone told me about a chiropractor that they thought could help. As a matter of fact, after the first person told me about him, two more people did that same week. So I made an appointment with the chiropractor. Thank goodness that they took the time to help me! I went to his office where he asked me about my problems, did an exam, and took some x-rays of my head and back. After that he pointed out where my nerves were pinched and adjusted them. The adjustment was so light I barely felt it. I began crying as I felt the pain leave my body for the first time in years. It may sound strange, but I was so happy and grateful for the relief that I still thank him every day! After that, I knew what I had to do. I had to become a chiropractor, and that's how it happened!

I have adjusted many children within the first 15 minutes after birth. They obviously didn't complain of neck pain or back pain; I adjust them to keep them healthy... as with all the hundreds of children I care for in my office.

You see, it's not normal for kids to get ear infections, asthma, allergies or a number of other illnesses we see clear up in our office

rectly your internal resistance and healing to athletes that you may know. powers are enhanced.

medication to make them well. My family does not turn to medication to seek health and we don't have a "medicine chest" in our home. Due to years of advertising saturation from the pharmaceutical companies most Americans do seek health from outside- in and most families have a "medicine chest" filled with an average of 16 different medications.

In an average year, the World Health Organization (WHO) reports over 1.5 million hospitalizations due to medication. Last year the WHO reported 350,000 deaths due to medication people took... and 160,000 were when the drugs were prescribed correctly. More people died last year from medication than at Pearl Harbor and Vietnam. Amazing huh?

If drugs make people well, then those who take the most should be the healthiest, but this simply isn't the case.

Many people are beginning to ferently to care.

understand that health comes from within. It's hard to believe, I know, but it's true. This is why chiropractic helps so many Last year more Americans were killed by prepeople. You see, your body can heal itself. scription drugs than by guns, AIDS, suicides Your body doesn't need any help; it just can't

> we don't add anything to the body or take anything from it. We find interference in the nervous system and remove it thus enhancing the healing capacities of the body.

> We get tremendous results... it really is as simple

For the past eight years, people from San Francisco and the surrounding area have come to see me with

- Headaches
 Migraines
- Chronic Pain Neck pain
- Shoulder/arm pain Whiplash from car accidents • Backaches • Numbness in limbs
- Athletic injuries just to name a few.

Here is what some of your neighbors have said:

"I had back pain for 15 plus years and two back operations. Now I play tennis, sit at my computer and enjoy an active pain free life! Thank you Dr. Meakim!" — A. McGrath

"All possible medicines and doctors, you made a miracle taking away my pain!! I am a happy wife and mother again!" — L Igudesman

"I have had chronic neck, shoulder and pain kept getting worse and worse. I had arm pain for the last 4 years. After seeing Dr. Meakim I can now twist off caps, button/zip my own pants and there is no longer a need for me to ice my arm in the morning and night! I feel more energetic, and can move my arm and *neck pain free!*" — C. Brubaker

> Now...Find out for yourself and benefit from an AMAZING OFFER- Look, It should not cost you an arm and a leg to correct your health. You are going to write a check to someone for your health expenses, you may as well write a lesser on for chiropractic. AniI know you're smart. You want to get to the cause of the problem, and not just cover it up with drugs. When you are one of the first 20 people to call and schedule a new patient exam (by August 15th) you will receive that entire exam for \$37. That's with a consultation with the doctor, examination and x-rays... the whole ball of wax, and there are no hidden fees. But call right away because we expect to be flooded with calls as this exam costs \$437. Again there are only 20 of these slots so don't miss out. I hope that there's no misunderstanding about the quality of care just because I have a lower exam fee. You'll get great care at a great fee. I just offer that low exam fee to help more people

> > My qualifications:

I am a graduate of Palmer College of Chiropractic, I have published articles in leading chiropractic journals and taught chiropractic to chiropractors! I've been helping your neighbors in San Francisco since 2004. When the nervous system is working I've been entrusted to take care of tiny babies

My assistants are Marcy and Raquel A healthy family does NOT rely on and they are friendly and helpful and ready to assist you to set up an evaluation. Our clinic is both friendly and warm and we try our best to make you feel at home. We have wonderful service at an exceptional fee. Our clinic is called San Francisco Family Spinal Care and it is at 505 Beach Street (we are at the corner of Beach and Jones on the edge of North Beach). Our phone number is 415-771-7071. Call today for an appointment. We can help you. Thank you. — Dr. Christina Meakim D.C. and Dr. Gigliotti D.C.

P.S. When accompanied by the first family member, I am also offering the second family member this same examination for only \$17.

P.P.S. Can you imagine not having to wait at a doctor's office? Well, your time is as valuable as mine. That's why we have a nowait policy. You will be seen within minutes of your appointment.

P.P.P.S. Of course, all people respond dif-

WEST OF TWIN PEAKS PROPERTIES SOLD SINCE 9/1/15

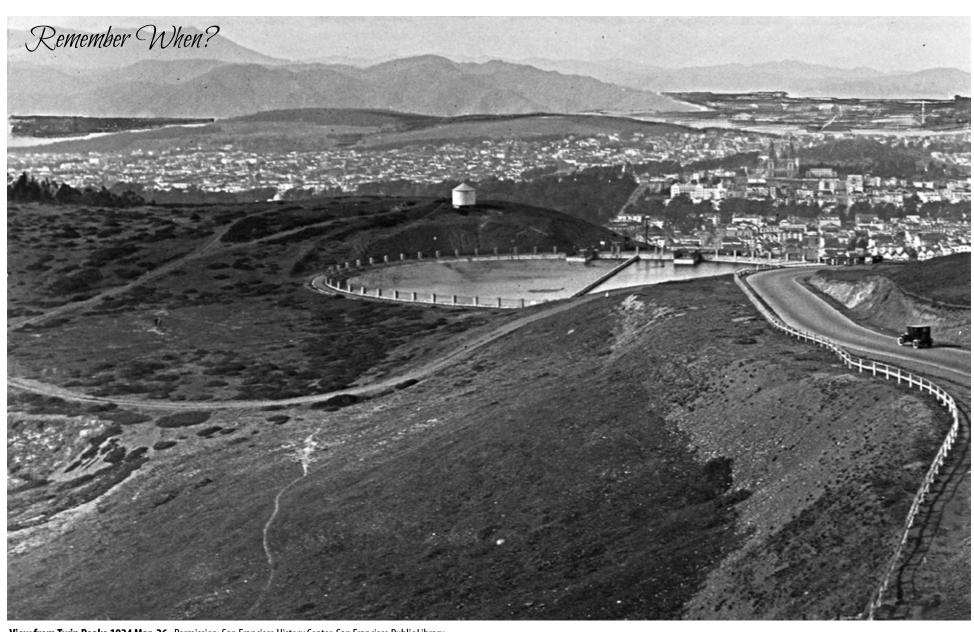
FACT: INVENTORY HAS NEVER BEEN LOWER WHEN COMPARED TO BUYER DEMAND

ADDRESS	TYPE	BEDS	BATHS	PK	ASKING	SOLD	%OF ASKING
533 Wildwood Way Westwood Park		2	1	2	699,000	875,000	125.1
220 San Marcos Ave	Forest Hill	4	4	2	2,295,000	2,338,000	101.87
129 Dellbrook Ave	Midtown Terrace	2	1	1	899,000	1,225,000	136.26
80 Terrace Dr	St. Francis Wood	4	3	1	2,198,000	2,830,000	128.75
661 Laguna Honda Blvd	Forest Hill Extensio	3	2	2	1,195,000	1,480,000	123.85
40 St Elmo Way	Monterey Heights	3	2.5	2	1,750,000	1,805,000	103.14
370 Valdez Ave	Westwood Highlands	3	2	1	1,500,000	1,500,000	100

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View from Twin Peaks, 1924 Mar. 26. Permission: San Francisco History Center, San Francisco Public Library.

OPEN LATE











BRAIN FÜD

A Rose By Any Other Name

All the words in Group A have something in common. The words in Group B share a different characteristic.

Which word in Group B actually belongs in Group A?

GROUP A
Lily
Petunia
Rose
Veronica
Chrysanthemum
Poppy
Yarrow
CROUP B
Aster
Black-Eyed Susan
Chrysanthemum
Poppy
Yarrow

Poppy Adams (British documentary Poppy Include: Poppy Adams (British documentary)
Poppy Harlow (American Journalist)
and
Poppy Montgomery (Australian-American Poppy Montgomery (Australian Poppy Mont

Poppy. Each item in Group A is not only a flower, but also a common girl's name. Famous people named Poppy include:

_Answer

1		2					7	
		6	1		4		2	
			3			1		
		7		2			1	
8								2
	4			1		5		
		5			7			
	2		9		5	4		
	7					3		9

Sudoku-fun!

Rules:

Each puzzle is a 9 by 9 grid of squares divided into nine 3 by 3 square blocks, with some of the numbers filled in for you

The Object:

Fill in the blank squares so that each of the numbers 1 to 9 appears exactly once in each row, column and block.

Answer:

The answer appears below.

١.									
l	6	S	3	τ	Þ	7	8	۷	9
	۷	9	Þ	S	8	6	Ţ	7	ε
	Ţ	8	7	۷	ε	9	S	6	Þ
	9	ε	2	8	Ţ	۷	6	Þ	7
	7	Þ	۷	9	6	S	3	Ţ	8
	8	Ţ	6	3	7	Þ	۷	9	S
0	S	6	Ţ	7	9	ε	Þ	8	۷
	3	7	8	Þ	۷	Ţ	9	S	6
	Þ	۷	9	6	S	8	7	ε	Ţ

Gonioscope

(CWF) [A-scan], an echo-

gram scan that provides the

ability to: more accurately measure the corneal thick-

ness, measure changes in

corneal thickness over time,

and measure structures

(OCT, e.g., Vistane) and

Pachymetry (OCP), e.g.,

within the cornea.

Optical:

Coherence

Senior Smarts

Aging: Glaucoma and its Effects on the Eyes

Part 2 – Detecting Glaucoma By Anise Matteson

ye examination and eye care are important for maintaining vision during the senior years for safe and fulfilling senior years. The Glaucoma Research Foundation recommends that "people at high-risk for glaucoma and those over age 60 receive an eye examination through dilated pupils every one to two years." If not diagnosed timely and treated, glaucoma can lead to blindness.

For resources addressing eye exams and glaucoma specialists see Part 1.15



Pascal Tomometer

ROUTINE EYE EXAMS Tonometry [1]

Tonometry measures the pressure inside the eye [intraocular pressure (IOP) by recording the resistance of the cornea to pressure

Tonometry Diation

(indentation).

Appalanation (Goldman) tonometry uses a small probe to gently flattened part of the cornea to measure eye pressure and a microscope (a slit lamp) to look at the eye. The pressure in the eye is measured by how much force is needed to flatten the cornea. USE: To measure IOP after a simple screening test (e.g., air-puff tonometry) finds an increased IOP.

Using electronic indentation tonometry, the rounded tip of a tool that looks like a pen is gently

placed directly on the cornea. The IOP reading shows on a small computer panel.

Noncontact tonometry (pneumotonometry) is used in determining intraocular pressure by measuring the degree of indentation of the cornea produced by a puff of

Reason for exam: 1) As part of a regular eye exam to check for increased IOP. 2) To check the treatment for glaucoma—to see if medicine is keeping the IOP below a certain target pressure set by your doctor.

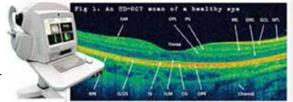
Normal pressure range: 13-22 mm Hg.[3]

Ophthalmoscopy

Ophthalmoscopy is the examination of the interior of the eye.[4]

Optical Coherence Tomography (OCT)[5] is a non-invasive imaging test that uses light waves to take cross-section pictures of the retina.

The retina is a light-sensitive Cirrus Optical Coherence Tomography tissue lining the back of the eye.



OCT allows the ophthalmologist to map and measure the thickness of each of the retina's distinctive layers seen.



Nerve Fiber Analyzer GDX

Purpose: The measurements help with early detection, diagnosis and treatment guidance for retinal diseases and conditions.

Nerve Fiber Analyzer GDX[6] detects earlier changes and more sensitive objective changes. It is able to determine if you have glaucoma prior to your experiencing any visual loss.

Heidelberg Retinal Tomography[7] is a diagnostic procedure used for precise observation and documentation of the optic nerve head. A special laser is used to take 3-dimensional photographs of the optic nerve and surrounding retina. The image is captured by



Heidelberg Retina Tomography

the laser focused on the surface of the optic nerve.

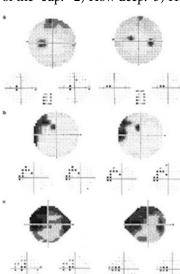
Optic nerve[8] is the nerve in the back of the eye.

Cupping[9] is typical nerve damage that occurs in II (HRT) glaucoma. As the cells making up the nerve die, due at least

in part to increased pressure inside the eye, they die and disappear. When a sufficient number of these cells are gone, they leave behind a small "cup" in the nerve.

What doctors look for when examining the optic nerve: 1) The presence and extent of the "cup." 2) How deep. 3) How wide. USE: To compute (e.g., the area of the optic

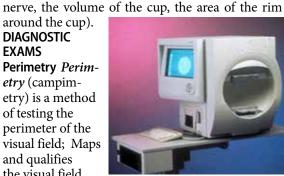
> around the cup). DIAGNOSTIC



White-on-white Perimetry

EXAMS Perimetry Perimetry (campimetry) is a method of testing the perimeter of the

visual field; Maps and qualifies the visual field, especially at the

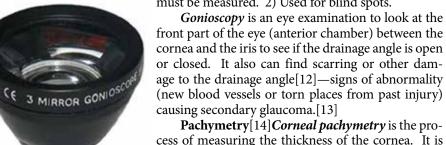


Perimetry Machine

extreme periphery of the visual field; The systemic measurement of different light sensitivity in the visual field by the detection of the presence of test targets on a defined background.[10]

White-on-white perimetry[11] [automated perimetry] is the use of a white background and lights of incremental brightness. The computer maps and calculates the patient's visual field.

Purpose: 1) Used in clinical practice, and in research trials where loss of visual field must be measured. 2) Used for blind spots.



Pachymetry[14] *Corneal pachymetry* is the process of measuring the thickness of the cornea. It is an important test in the early detection of glaucoma.

Method: Ultrasonic or optical.

Ultrasound Technology: Corneal Waveform



online Optical Coherence iPac Handheld Pachymeter - Reicher

ORBSCAN). Purpose: Used by glaucoma researchers and glaucoma specialists to better diagnose and detect early cases.

1,8. www.webmd.com/eye-health/tonometry

2,3,4. Taber's Cyclopedic Medical Dictionary

- 5. www.geteyesmart.org/eyesmart/diseases/optical-coherence-tomography.cfm
- 6. www.eyecentral.net/services/gdx-nerve-fiber-analyzer.html

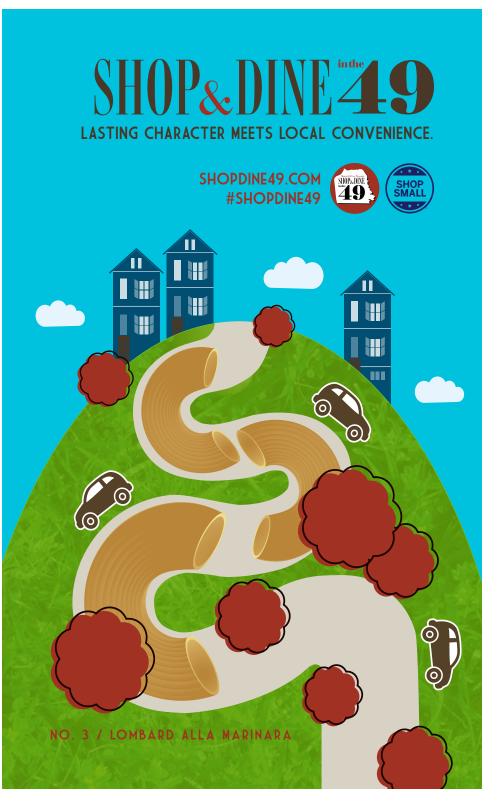
Optical

Tomography

- 7,9. http://ophthalmology.med.ucb.cal/patient-care/ophthalmic-photography/ heidelberg-retinal-tomography
- 10, 11. http://en.wikipedia.org/wiki/visual field test
- 12. www.webmd.com/children/gonioscopy
- 13. www.hopkinsmedicine.org/wilmer/glaucoma_center_excellence/book/ch06s02.html
- 14. https://en.wikipedia.org/wiki/Corneal_pachymetry
- 15. westsideobserver.com/health.html#sep15

Next Month: Nonoperative Treatment

Anise Matteson is an elder care consultant, retired Registered Health Information Technician and writer of reference books for seniors. Information is for educational purposes. For specific questions and care, consult an ophthalmologist. mattesonecs@yahoo.com





Teachable Moments: Election Day

et you don't think of yourself as a civics teacher. WRONG!

Parents and families are the first and BEST civics teachers.

Ever.

I am not talking about lectures on the septive and executive branches.

I am talking about "teachable" moments."

- Election Day.
- Dinnertime discussions.
- Helping with a food drive.
- Volunteering at your school.
- Asking kids what they think.

With election-day moments away, here are some tips on how to use those moments. (Note: If you are reading this after Nov. 3, great news: You can start preparing NOW for 2016. Discuss Election Issues With The Kids.

We are not lacking for hot topics: For the younger kids, how about a discussion about paid parental leave? Should parents have paid time off to help take care of a new baby?

For the older kids, affordable housing, clean energy, neighborhood rentals...these all make their voices heard. can be items to talk about.

Compare the messages with them. See what

Share the voter pamphlet. Ask it they ED100.org. would like to help you do your homework for Election Day.

But don't limit the discussion to deciding how to vote. Encourage children to read about current events. Ask their opinions. Help them think through an issue. Even if they come to kids to learn about how we can help build a a different conclusion than you, this is good better world. preparation for decisions they will have to make in school and life.

Take Your Kids With You To Vote.

Kids are more involved if you are involved. If you are eligible to vote, taking kids to the polling booth models great civic engagement.

Younger kids enjoy wearing stickers. The aration of powers among the judicial, legisla- "I voted" sticker counts. High school students can act as poll workers. Here is where you can find an application1.

> Students, teachers and principals also can participate in the My Vote California Student Mock Election. For more information².

Encourage Your Kids To Help In Their Schools And In The Community

Local communities now have a greater say in deciding how education dollars are spent. This is a new and important area for student involvement. Ask your kids to tell you what they think is important. Encourage them to go to PTA and community meetings and let grownups know their top issues. School districts are now required to ask how we should invest in our schools. Encourage the kids to

Also, invite students to your PTA meet-Let your kids see the political mailers. ing to share ideas and suggestions on how to improve your school. One good resource to learn more about education issues is www.

> From the YMCA to the SF SPCA to the SF Marin Food Bank, there are volunteer opportunities for kids throughout San Francisco. What are you kids interested in?

Volunteering is one of the best ways for

Carol Kocivar is former President of the California Parent Teachers Assn. and lives in the Westside. Feedback: kocivar@westsideobserver.com

1. sos.ca.gov/elections/student-mock-election/ student-poll-worker/

2. os.ca.gov/elections/studentmockelection.htm



Eucalyptus (Cont. from p. 1)

in one-quarter of the city's parkland to native plant gardens, and that it would cut 18,000 healthy, mature trees to accomplish this.

No such conversion is proposed by the City. The Natural Areas Program works to preserve the biological systems surviving on the pieces of original landscape (those which have never been plowed, bladed, or built on). Most of the world's cities have similar programs to accomplish just this, as people recognize their heritage is something worth saving.

3. Sometimes epicormic sprouts are a response to stress, but other times they're just part of the normal growth cycle.

These sprouts are always in response to stress or injury, and the reason they are not part of the normal growth cycle and why they are a danger was clearly explained in my September article. Production of these shoots is a desperation move to save the tree's life and even if successful it leaves the tree misshapen, aesthetically displeasing, and unsafe, and likely an intermediate stage on the way to ultimate death.

The prodigious sprouting of these stricken trees has been mistakenly interpreted as evidence of vigorous recovery. The dying tops are the result of the breaking of the hundreds of capillary water columns resulting from the trees' inability to supply sufficient water to keep the water columns intact. Sprouting in this case is a desperation move by the tree to keep the lower part of the column intact. If sufficient water becomes available it may have a precarious hold on life for awhile, but even the best scenario would leave us with a bunch of short, leafy, weakly-attached sprouts clothing what was formerly a smooth, clean bole—one of the traits that endears the tree to us. Those sprouts are subject to coming loose in winds, and will always be there because they lack the deep anchoring of naturally-formed limbs.

4. Mount Davidson is half covered in a eucalyptus forest.

The thousands of trees on Mount Davidson do not constitute a forest; it is a plantation, and the difference is important.

Inappropriate language creates confusion and obscures proper management. A forest is a self-managing biological community which appears similar over time; a plantation is essentially a garden. This is not playing with words it cuts to the core of the matter.

To manage, we need to understand the difference between a forest and a plantation. To illustrate, let's take a glance at a forest: When you drive across the Sierra Nevada the scene you see is similar to what the American Indians saw 500 years ago: forests of pines and firs punctuated by grassy wildflower meadows, lakes, and bogs. You see a community of plants and animals, as well as organisms from other kingdoms that are used to living with each other, as they have for thousands of years, tightly-knit into a fabric. That scene is stable and doesn't change much over time.

A plantation, on the other hand, is artificially imposed on a land that didn't normally support those plants and it is in a constant state of disruption as the plants are forced to compete with others they are not accustomed to, and lacking the animals and other components that serve to keep the system in balance. The result is chaotic, with usually two or three species eventually predominating. Ivy and blackberry have claimed the understory to the exclusion of other species—and they account for the dreary monotony of large stretches. They even prevent regeneration of the blue gums, something that never happens in forests. The plantation, therefore, contains the seeds of its own destruction because smothering blankets of ivy and blackberry prevent germination of blue gum seeds. Ivy crawls 150-200 feet into the crowns and deprives the trees of light needed to photosynthesize. The results are visible today with trees dying and toppling from light deprivation and the heavy burden of tons of ivy. This tangled mess does not require expertise to diagnose; it is obvious even to a layperson. In fact the plantation's problems are horticultural, and academic expertise is of little use.

5. I am personally identified as "a native plant advocate [who] has called for cutting down blue gum eucalyptus in city parks for over a decade."

Not so. I love blue gums and ask for removal only when there is compelling reason. I do advocate for preservation of our indigenous plants and encourage their use in gardens as a means of attracting and supporting wildlife, many of which are dependent on native plants, with which they co-evolved. Because nature has served notice that this tree is not suited to our changing climate, this represents an opportunity to diversify the overstory to make it more friendly to wildlife—part of the mission of the City's Natural Areas Program. At present it is a biological wasteland, with only generalist species present.

About 50 years ago I became smitten with the genus Eucalyptus, and in 1977 toured Australia for six weeks specifically to learn more about this huge genus—at the time considered to contain over 600 species. Part of that time was in the field in the company of the world's top eucalyptologists. In 1979 I wrote my first article in praise of the Tasmanian blue gum, and have written several since, including in the February 2014 Miraloma Life. I love this tree and have been in conversation with the Recreation and Park Department to plant them in our irrigated parks, where they can thrive. Did you know that it has abandoned planting blue gums and hasn't planted them for several decades? The grand old specimens in the eastern end of Golden Gate Park and its Panhandle—a de facto arboretum that should be declared a heritage site—are over 130 years old and won't live forever. That means there will be a period of several decades when park visitors will be unable to be inspired by these majestic, clean-limbed behemoths.

In 1990, long before the City created a Natural Areas Program, I talked to the Miraloma Park Improvement Club about the state of the Mt Davidson plantation; there are some who remember that event. My aim was to save the "forest", as most called it. I loved its atmosphere—especially in fog or rain evocative of the mood created in redwood forests, and as a gardener I knew that ivy and blackberry could destroy it. In addition—and of great concern to me—was that the understory, consisting mostly of native plants that were able to survive the shade and extra moisture from fog drip, would be decimated, and with it the wildlife community. It was primarily the understory that concerned me at the time. Alas, nothing was done and the health and attractiveness of the grove continued to deteriorate, and we see the result in the present unruly tangle and dead and dying trees.

I see this unfortunate situation as bordering on the tragic. A potentially prize area that can enrich the city is left to stagnate, is yearly becoming less attractive to humans, is of little use to wildlife, and is a safety hazard to not just Cont. p. 19



Real Travel By Sergio Nibbi

Holy Moly

magine for just a moment if the City of St. Francis had hosted Pope Francis during his recent visit to the United States. You think that the ongoing preparations for Super Bowl 50 are hectic? Imagine the crowds along Market Street. Would the Giants feel slighted with their iconic Cable Car being upstaged by a Fiat named Popemobile? And now that Candlestick Park no longer exists, where would that "Mass" of humanity assemble? At least the homeless wouldn't be a problem; Francis would go and visit them all, possibly sharing a tent with them in the United Nations Plaza, and with all the tech companies in the neighborhood he could certainly raise some real coin of the realm for those less fortunate. Even I would be willing to take up that second collection. And let's make sure that he doesn't decide to relieve himself on one of those newly painted repellant walls lest his red shoes get splashed with some real "holy water."

Perhaps thousands of the faithful could about and has the attention of the North congregate at Levi Stadium; God only Beach locals is the creation of a Piazza in knows that the 49ers need all the divine intervention that they can get. Can you just imagine Colin Kaepernick throwing a desperation pass towards the end zone in the final seconds hoping to avert yet another loss? Now that's what you call a real "Hail Mary Pass."

Fortunately Pope Francis won't have to motor down to Carmel because the newlyminted Saint Junípero Serra has already been canonized, but there is one dedication that he could do right here in our beautiful city. A project that has long been talked

front of the National Shrine of Saint Francis, the old St. Francis Church....how appropriate is that? Known as the Piazza Saint Francis, the Poet's Plaza, it has been in the making for many years, and with Angela Alioto's enthusiasm and determination this project is close to fruition. The endeavor is endorsed by many local business and civic organizations, along with support from the Mayor and the City Planning Department and a diverse group of the Board of Supervisors. Once completed, the paving around the Piazza will have by Pope Francis. 2016 would be great;

quotations from some 20 great poets and we could celebrate the Giants winning peacemakers from around the world, and the World Series once again along with beautifully- designed relaxing areas for all a Papal visit. The question is who would to enjoy along with retail establishments featuring food, drinks, and pastries.

The size of the Piazza will not rival the splendor of Saint Peter's or the grandeur of Saint Mark's, but it's anxiously awaited by its many supporters. What a great place to gather, visit, read, and enjoy poetry. But regardless of its size and location, every city needs a poet laureate, and for us what better choice than a Pope Laureate? Perhaps we should consider yet another visit

lead the parade, the Popemobile or the Cable Car?







Piazza Saint Francis/The Poets Plaza Public Meeting • December 2 • 6 pm Italian-American Athletic Club, Washington Square 1630 Stockton St

Eucalyptus (Cont. from p. 15)

visitors but to the entire city. Urgent action is called for.

These trees can never assume a "tree" shape again even if they should live, as they may for two-three years should they get the promised heavy rain this winter. Scenes like this are common in the blue gum plantations throughout the city, including Mount Davidson.

Ms Wuerfel et al have tried to comfort

the public on a subject that is dangerous and needs full exposure and debate. That debate of necessity would be contentious because it is about a subject that is very expensive and that stirs strong emotions. Facts must trump emotions if the public is

In December I plan to write about the City's proposed draft management plan.

Jake Sigg is an unabashed tree-hugger who lives on the Westside

Interview (Cont. from p. 14)

do you think you would have enjoyed doing? DW: Most anything. It's all terrifying and wonderful.

LAF: How would you say your medical practice has aided you in your writing and vice versa?

DW: The more experiences you have the deeper the well of your strengths. Everything I do, the writing, the music, the media hosting and producing, the raising of children in a balanced environment. . . all of that makes me a better doctor. Medicine is not just the application of science to the life situation, it is shaping science to fit the personalities and prejudices and anxieties of the patients. Not all scientific truths will be seen as true by someone with

pneumonia or cancer. You have to make them truths within their own way of thinking, their own personalities, their very individual and special life. As for medicine helping writing, many of the same skills are required. A keen sense of observation. A no-nonsense attitude about discovering truth. The courage to be different. And, of course, a love of people.

LAF: What's up next?

DW: The sequel. I already have a mental sketch in place. It's going to be a wild

LAF: Thanks so much for talking with us and for your fabulous writing!

DW: You're very welcome!

"The Lucifer Connection" is available ask for it at your local bookstore! Linda Ayres-Frederick



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Together, we are working to enhance pipeline safety and strengthen our gas and electric infrastructure—for your family and ours.

SEE THE FACTS



Replaced approximately 28 miles of gas transmission pipeline



Invested more than \$443 million into electrical improvements



Connected more than 5,100 rooftop solar installations



Together, Building a Better California